



3909 S. Prairie Avenue  
Brookfield, IL 60513-2143

**December 2021**

Moving? Please let us know your new address!  
Contact: Dorothy Becker  
340 Lake Shore Drive North  
Barrington, IL 60010-3425 [BeckerD9749@SBCglobal.net](mailto:BeckerD9749@SBCglobal.net)

Check out our website:  
[www.sokolspirit.org](http://www.sokolspirit.org)

Happy Holidays Sokol Brothers and Sisters!

From our President,  
Bro. Adam Wilt

As we wrap up 2021, I'm happy to share that Sokol Spirit is doing well as we approach the new year. We have had some challenges with our parking lot project, but our Building Management Committee is continuing to monitor the condition and we will re-examine this in the spring. We're also excited to start the replacement of our fire escapes, and to begin re-purposing the old apartment in the new year.

We are continuing to navigate the impact of the pandemic with new cleaning protocols, and by modifying our classes/events to ensure safety for our attendees. We are also excited to FINALLY be planning to host an Exhibition again on Saturday, April 23, 2022. Thank you to our Board of Instructors for keeping our classes going and thriving!



Thank you to our Executive Board for your continued efforts to keep our unit active and supporting our community. I have enjoyed seeing more of our members at Sokol events, and I am optimistic that we will have more opportunities to see one another in 2022.

Na Zdar! Bro. Adam Wilt, President



### 2021 Central District President's Award

Sis. Vera Wilt and Bro. Ken Fron Sr. were the winners of the 2021 Central District President's award. Sokol Spirit nominated both of them for the award. Thank you for the dedication, time and talent you've given to Sokol over the years. Congrats to you both!

Congratulations also to some recent newly-initiated Spirit members, including Bro. David Harazin and the Tudisco family: Sis. Amy, Bro. Frank Jr., Bro. Frank III and Bro. Phillip. Welcome, and Nazdar!

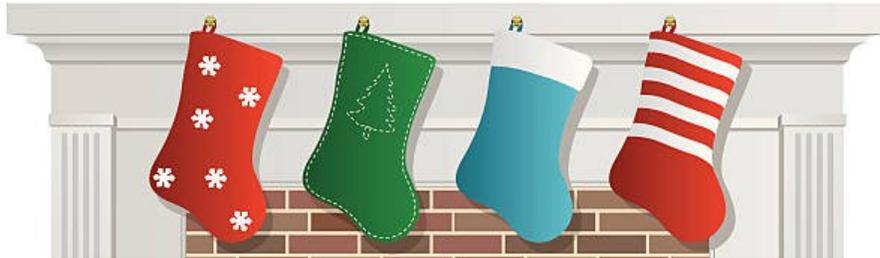
## Winter/Spring 2022 Enrollment is OPEN!

Visit [sokolspirit.org](http://sokolspirit.org) to register. Some of our classes fill up quickly, so be sure to get your spot!

Check out this new adult class: **Pound!**

POUND is a 45 minute group fitness class that combines cardio, strength training and Pilates with drumming to achieve a full-body workout. Using lightly weighted drumsticks, Ripstix™, participants can expect to burn between 500-900 calories per class and will be performing over 15,000 reps per session! This is an 8-week session.

Bring a yoga mat and water bottle. Ripstix™ will be provided for use during the class. Drop in available for \$10/class. Priority will be given to those enrolled in the full session.



### Welcome new members

Congratulations to some recent newly-initiated Spirit members, including Bro. David Harazin and the Tudisco family: Sis. Amy, Bro. Frank Jr., Bro. Frank III and Bro. Phillip. Welcome, and Nazdar!

### Girls' Classes Halloween party

Enjoy this photo of the girls (and ghouls) at Sokol Spirit's Halloween party this year. Love the costumes, ladies!



Choose "Smile": As you do your online holiday shopping, you may be asking: **How can I easily support Sokol Spirit?** We've got the answer for you: **Amazon Smile**. Go to [smile.amazon.com](http://smile.amazon.com), choose "Sokol Spirit" as your charity, and then shop as you normally would. Sokol Spirit gets a portion of the sale. Remember to use *Amazon Smile*, and tell your family and friends about it, too.

## Sokol Spirit Vendor Fair and Trim-A-Tree (Brookfield Zoo)



What a busy weekend for Sokol Spirit!

On Saturday, November 14, we held our Vendor/Craft fair again this year after a year off because of Covid. It was a great success. We had tables set upstairs and downstairs. It was well attended and we received a lot of good comments. We even had people requesting to be put on our list for next year. We are already sending out Save the Date emails for next year. Thanks to all who helped with set up and take down and for all the participants and shoppers. Looking forward to next year, the second Saturday in November.

The next day, Santa's helpers of all ages decorated the Sokol Spirit tree at the Brookfield Zoo. Hot chocolate kept everyone warm as they worked. It looks like everyone had a great time! Thank you to those who participated and coordinated the event. Check out the beautiful tree on the East Mall, #258.



**From our Financial Secretary:** Attention all members: dues letters are in the mail. Dues for 2022 are due by January 1, 2022. If you are registered for a class other than the Sr. coed class, you probably paid your dues along with your class fees and will not receive a letter. Questions? call Sis Becker at 847-842-0390, text her at 708-715-2421 or e-mail her at beckerd9749@sbcglobal.net.

## World Beer Club – January 21, February 18, March 18



Mark your calendar now and join Sokol Spirit on the third Friday of the month as we enjoy the vast variety of the beers from around the world or with a common theme. \$10 cover charge per participant (must be 21 or older) includes a flight of 6 beers. Each month features beers/tasters from a different region or with a unique theme. Beers will be rated by all tasters. Receive a punch card to earn a free flight.

- Be part of the "Club": WBC glasses available: \$5.
- If you haven't joined us yet, give WBC a try! You may enjoy the



*Looking for the perfect gift?* How about a World Beer Club (WBC) gift certificate? They are always available for purchase at World Beer Club! If you cannot attend WBC, email [jkjheetel@gmail.com](mailto:jkjheetel@gmail.com) and place your order. Checks to Sokol Spirit accepted at WBC or by mail.

### ~ MEMORIAL FUND ~

In memory of Sis. Agnes Pajer

*from JuliAnn Barcal. . . \$20.00*

*from Ray and Marilyn Lutha. . . \$25.00*

*from the Zitko family. . . \$25.00*

*from Rebecca DeMarco. . . \$30.00*

*from Chuck and Dorothy Ptacek. . . \$30.00*

In Memory of Sis. Vlasta Zitny

*from Paul Lebloch. . . \$50.00*

*from Tony and Lorraine Faikus. . . \$50.00*

*from friends and family of Sis. Zitny. . . \$140.00*

*from Zitny family. . . \$250.00*

In Memory of Mildred Ann Spillar

*from Spillar family and Helen Sevcu. . . \$50.00*

In Memory of Sis. Marie Bultas

*from Audrey and Maria Mongello. . . \$10.00*

*from Helen Sevcu. . . \$25.00*

### ~ NEWSLETTER FUND ~

In Memory of Sis. Marie Bultas

*from Helen Sevcu. . . \$25.00*

### ~ ADA FUND ~

*In memory of Sis. Vlasta Zitny from*

*Meribeth and John Tooke . . . \$25.00*

**Please send Memorial, Newsletter and ADA Fund donations to the address in the footer on the front page.**



# Have you heard...?

Tell us about Sokol Spirit member news:  
SPIRITNEWS@HOTMAIL.COM ~ 708.370.7335

Our sympathies to the family of Sis. Marie B. Bultas, long time resident of North Riverside, who suddenly passed away on August 30, 2021. She was a life-long member of Sokol Havlicek and presently of Sokol Spirit. A private burial service was held. She was the sister-in-law of Sis. Angeline Bultas, and aunt of Sis. Linda (Bultas) Makdah. She will be missed.

Our sympathies also to the family of Sis. Vlasta Zitny who passed away in October. Vlasta was a 72-year member of Sokol. She was preceded in death recently by her husband, Roy, in March. Both Bro. Roy and Sis. Vlasta were prominent members of Sokol Brookfield before the merge with Sokol Berwyn-Slavsky. Two sons are Bro. Christopher (Sis. Deborah) and Bro. Russell (Sis. Kathryn). She had four grandchildren and seven great grandchildren.



<— Our sympathies also to the family of Sis. Cheryl Ann Zrostlik who passed away on November 11, 2021, at her home in Forest City, Iowa. She was a 60-year member of Sokol. At age 9, Cheryl joined the children's classes at Sokol Berwyn. In her teens, she attended several Instructors courses for apparatus coaching and calisthenics terminology. She eventually became an instructor, and later served terms as Sokol Berwyn Women's Director and the Central District Women's Director. She was extremely proud of her pure Czech ancestry, and enjoyed the ethnic music and foods.

—> October 16, 2021 was a happy day for the Satek family as Kristina Satek wed Scott Maibuecher in a beautiful ceremony in Arlington Heights. Kristina is the daughter of the late John R. Satek, granddaughter of Sis. MaryAnn Satek, and niece of Sis. Patricia Satek. You might also remember her aunt Pam (Satek) Koning and uncle David Satek.



## Continued adventures with Bro. Jim Hantak

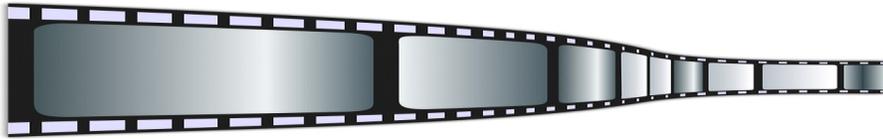


Bro. Jim has taken us on tour to former Sokol buildings over the past year. His adventures take us now to Iowa. This building on the left is in Clutier, Iowa, and is a ZCJB (Zapadni Cesko-Bratrske Jednoty) hall. Built in 1901, it still serves the small farming town for meetings, dances, weddings and it also has a Czech museum. ZCJB is now known as Western Fraternal Life Association. The town is also the home of the 1942 Girls State Basketball Champions, their team name was the Charging Czechs! Gotta love it.



(Photo, right) In the nearby town of Vining, Iowa, there is this CSA hall built in 1913 and is said to be heated only by old-fashioned potbellied stoves. It's occasionally still used for community events. This area in Tama County in North-Central Iowa is known as the "Bohemian Alps" and has a "Czech Trail" which includes many towns. One has a diner called the "Czech Point Restaurant and Pub". Bohemians are everywhere!

## Presenting the 2022 Czech Film Series



Join us on the **3<sup>rd</sup> Friday of the Month** for our Czech Film Series and World Beer Club! The Czech films start at 7pm in our Czech classroom upstairs and with donation of \$5 you get a free pilsner, pop, or water. (Films have English Subtitles).

**January 21 Autumn Spring/ Babí léto** 2001; 95 Minutes; PG-13 for language; Subtitles; Bittersweet Comedy in the Czech tradition; Vladimír Michálek's Autumn Spring stars the great Vlastimil Brodský (Closely Watched Trains; Jacob The Liar) as Fanda, an old man who refuses to grow up. Despite pleas from his exasperated wife Emilie and son who want him to make some serious decisions about the future, he ignores their nagging and spends the days seeking amusement and adventure. Aided by his pal and former theatre colleague. Fanda keeps his acting skills sharpened by pretending to be a host of fascinating characters.

**February 18 Piemule; The Old Believers Documentaries** 1983 (45 Minutes); 2001 (43 Minutes); Interview with producer/director Jana Sevcikova at Telluride, CO film festival 2002.G; Subtitles; B/W; **Piemule** is about an ethnic group of Czechs which settled over a hundred and fifty years ago in the hills not far from Timisoara. The ancestors of today's inhabitants, craftsmen and farmers, came to the Romanian highlands around the year 1822 with their families for work and livelihood. In the 17<sup>th</sup> Century religious schism occurred in Russia when Nikon was elected and reformed dogmas and rituals to unite Russian and Greek Orthodox churches...many challenged this as they felt it belittled traditions. Those that suffered were called Old Believers. Some relocated to China but were sent to Hong Kong, others to Australia, Brazil, Oregon and Alaska. The documentary follows a group some who fled to Turkey on the banks of the Danube Delta of modern day Romania. They fled from a land between Germany and Bohemia, Czech Republic

**March 18 Private Century** Part 1 and 2 of a Series of 8, hour-long films; 2009; PG 13 Female nudity; Subtitles; Home B/W movies; Jan Sikel edits together actual home-movie footage from the 1920's to the 1960's in order to chronicle the history of Czechoslovakia in the 20<sup>th</sup> Century.

See more information about this film series, including April and May titles and descriptions, on our website.

## Czech Language Classes 2022

Once again, we will be offering Czech Classes at Sokol Spirit. Participants will need to follow any safety protocols set forth by Sokol Spirit, including masks and health screenings. *Based on CDC guidance and students, classes may be held via Zoom*

Basic Conversational Czech - Monday Mornings from 10AM to 11:30

- Session II – 10 weeks, January 24 to March 28, 2022 - \$160
- Session III – 10 weeks, April 4 to June 13, 2022 - \$160

Intermediate Conversational Czech – Wednesday Evenings 7PM to 8:30

- Session II – 10 weeks, January 26 to March 30, 2022 - \$160
- Session III – 10 weeks, April 6 to June 15, 2022 - \$160

Classes are subject to minimum enrollment, and the schedule could change if it becomes necessary. Part-time participation is possible with advance notice and permission of the instructor at a pro-rated fee.

Thank you for understanding that there may be circumstances beyond our control.

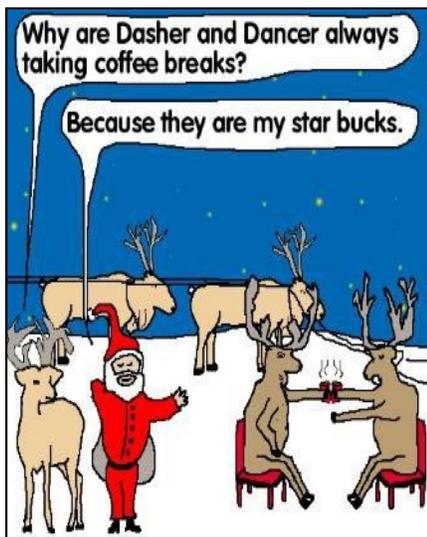
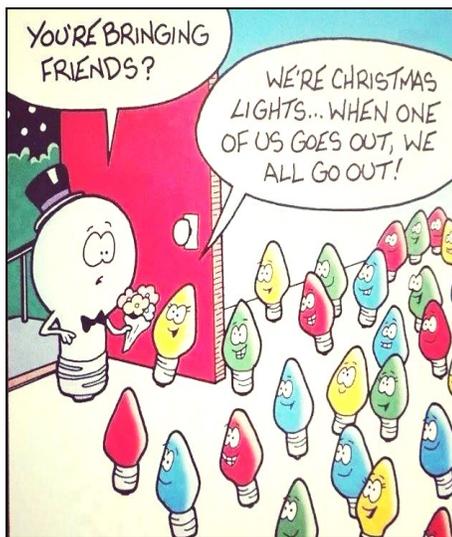
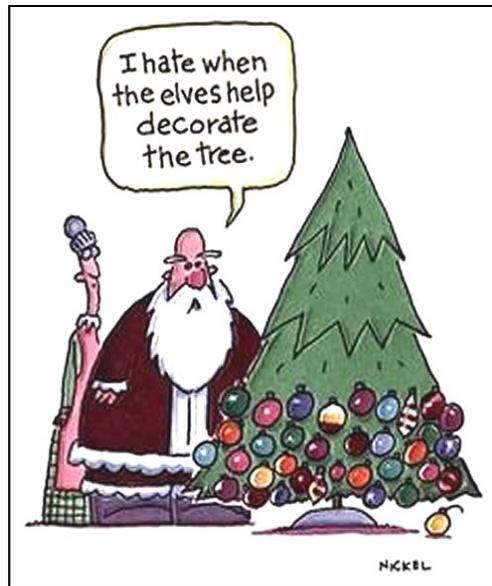
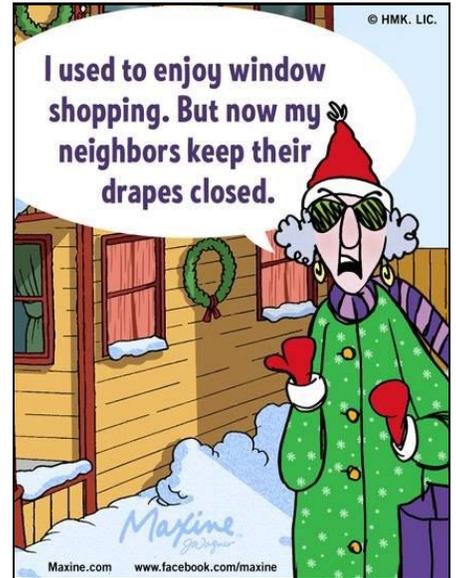
A registration form is downloadable at Sokol-spirit.org under the Education Tab, Czech Classes.

**Questions?** Contact Vera Wilt – 708-268-9350 or [czechclass@sokolspirit.org](mailto:czechclass@sokolspirit.org)



To get you in the holiday  
"Spirit" . . .

- What do elves learn in school?  
*The Elf-abet*
- What kind of bug hates Christmas?  
*A humbug*
- What happens if you eat Christmas ornaments?  
*You get Tinsel-itis*
- How did the ornament get addicted to Christmas?  
*He was hooked on trees his whole life*





## Calendar of Events

December 2021/January 2022:

December 23-January 23: No Classes

January 21: Friday Film and World Beer Club

January 24: Classes resume

January 30: Pancake Breakfast



*On behalf of Sokol Spirit leadership, we wish you and yours the happiest and healthiest holidays ever!*

*See you in 2022!*



Don't forget to check in at the gym: [www.facebook.com/sokolspirit](http://www.facebook.com/sokolspirit)



### Recurring meetings

First Wednesday

All members welcome to the Unit meeting!  
Sokol Spirit Unit Meeting 7:30 pm

### Save the dates:

February 18: Friday Film and World Beer Club

February 19: Trivia Night Event

March 18 & April 15: Friday Film/World Beer Club

April 23: Sokol Spirit Exhibition (location and time TBD)

May 20: Friday Film and World Beer Club

May 22: Membership brunch

November 12: Vendor/Craft Fair 2022 :)

Watch for information on our website or by email.

*Stay well everyone!*



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