



3909 S. Prairie Avenue **September 2015**

Brookfield, IL 60513-2143

Moving? Please let us know your new address!

Contact:

Dorothy Becker

340 Lake Shore Drive North

Barrington, IL 60010-3425

BeckerD9749@SBCglobal.net

Check out our website:

www.sokolspirit.org

Recipe for 2015-2016 Sokol fun:

1) Class Registration: Friday, September 11
6:00-8:00 p.m., Sokol Spirit gym

**2) Sokol Spirit's Annual
OKTOBERFEST!**

**Saturday, Sept 12
3:00-10:00pm**

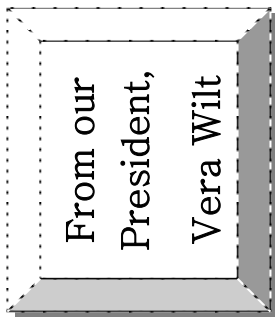
Live Music, Beer, Brats,
Potato Pancakes, Raffles, Kids'
Activities, Bounce
house....Free Admission!

Come join us at Sokol Spirit, 3909 S. Prairie, for a great time!



3) Classes start the week of September 14!

4) Keep reading this newsletter to see what else
is going on at Sokol Spirit! And join us!



Dear Sokol Spirit Brothers and Sisters,

Summer was very busy at our gym and in the community. At our Annual meeting, we kept most of the same officers, but we recruited some of our younger members: Jane Malina and Tricia Leja to help promote our unit as a PR/Marketing team with Secretary Cassie Croft guiding them along the way. Sister Carol Shrofe also agreed to take on the position of "controller" where she will help with much of the data input and administration of the Treasurers duties.

Sokol Spirit and its members participated in the LaGrange Pet Parade, the Brookfield 4th of July Parade, the Brookfield Farmers' Market, and multiple events of Prague Days in Chicago and Cicero. The National Sokol Instructors Course occupied our building 24/7 for two full weeks (plus 2 more days of just the staff), and provided several evenings of entertainment with their competitions and Graduation dinner and program. The day after graduation, we had volunteers represent our unit at the Czechoslovak American Congress picnic. Summer Sokol was held on Thursday nights for co-ed fun and fitness. There was World Beer Club on June 19th and August 14th. Our Juniors were busy too – see the Juniors message later in this newsletter.

As we finally enjoy some summer weather in these waning days, I hope you are as excited as I am for all the events coming up at Sokol Spirit over the next few weeks. Like good Sokols, I must say we hit the ground with lots of activities right out of the starting gates. Most of the many Sokol Spirit and 150th Anniversary events are listed in the Save the Dates section on the last page of this newsletter. Also, see our website or Facebook for details.

I look forward to seeing you all at upcoming classes and events!

NaZdar

Vera Wilt, President

Sokol Spirit class fees for 2015–2016

*Class fees include all competition fees

	Class fee(*)	Membership
1 child:	\$340	\$65
2 children:	\$560	\$65
3 children:	\$780	\$65
College students of Sokol Spirit:	\$40	\$45
Members of Sokol Spirit Men and Women:	\$135	\$70
Members of Sokol Spirit Senior Co-Ed:	\$65	\$65
Members of other Sokols:	\$100	

Please direct any questions to Howie Maskill at hmaskill22@yahoo.com sokolspirit@org

Classes start the week of September 14.

Hope to see you at Registration and Oktoberfest!

Youth Ambassador Report

I can't believe the summer is almost over. It flew by. Hope you enjoyed it. As we start back to school that can only mean one thing, IT'S TIME FOR SOKOL AGAIN!!! In the next few weeks your Sokol classes will begin. Some of you will return to the same level, others will have a new adventure trying out a new class. Either way, there's TONS of fun in store. There's basketball, volleyball, gymnastics, rhythmic, track & field and let's not forget cal. And as promised, we will have a party to celebrate our 150th birthday (that's a LOT of candles). There will be lots of ways you can help us celebrate. This year we will also be practicing for our Slet to be held in Pittsburgh at the end of June. Does anyone remember what the word Slet means?? Stop by at Registration or ask during your classes. I can't wait to see you again!

(Parents: The position of Youth Ambassador is currently open. For anyone who can help us out, Linda Baran will still be around and is willing to train you. It is a great way to get to know the kids and to teach them and perhaps yourself what a great organization we have. If interested see Howie Maskill or your instructor).

Pet Parade -LaGrange – June 2 & Fourth of July Parade – Brookfield (July 4 ☺)



↑ On the previous page: Thank you to everyone who represented Sokol Spirit at the Pet Parade and 4th of July Parade this year. It is important for us to have a presence in our community. Sokol Spirit is always well-received – lots of clapping, oohs and ahhs. Thanks for participating!

Congratulations to the winner of the WordFind contest in the last newsletter. Thank you for participating! Per her request I promised I would not put her name in the newsletter so I won't. Just let me just say: congrats and thanks, Mom!



Baby and Me 2 Classes – Fall Session starts Sept. 3rd, 2015

A gymnastic class for Parent/Guardian and Baby together: Tumbling, stretching, progressive skill based socializing and FUN! Child must be walking and under 3 years of age

SOKOL SPIRIT GYM, 3909 Prairie, Brookfield

Thursdays 9 - 10:15am; September through December

COST: \$180 for 4 months or \$50 for trial month *(session fees subject to change)*

Spin Classes – New Fall Sessions

Thursdays @ 7pm - \$110: Sept. 17th through Dec. 10th (No class 11/26 for Thanksgiving)

Saturdays @ 8am - \$100: Sept. 19th through Dec. 19th (No class 10/3, 11/14 and 11/21)

Sign up for both sessions and pay only \$200

\$10 Drop-in fee based on bike availability *(session fees subject to change)*

World Beer Club – Third Friday of each month @ 7:30 p.m.



September 18, October 16, November 20 & December 18

Join Sokol Spirit once a month as we enjoy the vast variety of the Beers from around the World. \$10 Cover Charge Per Participant (must be 21 or older) includes a Flight of 6 Beers. Each month will feature beers/tasters from a different region. Beers will be rated by all tasters. Receive Punch card to earn a free month. Food item tasters will be coordinated with the featured region. **RSVP Appreciated 3 Days Prior to Each Event** 708-692-8350

info@sokolspirit.org

CPR/AED and Choking Relief Certification Course (Renewal & New) Offered to the community – Saturday, October 17



9 – 11:30am in the Sokol Spirit gym at
3909 S. Prairie Avenue, Brookfield, Illinois 60513

Adult/Child/Infant CPR, AED Usage & Choking Relief Course Certification Included. \$22 per person in advance (by October 10th), min 8 participants

This course is coordinated in conjunction with the American Heart Association. Successful completion of this course includes Adult, Child & Infant CPR/AED Certification valid for two years. To register send check, payable to Sokol Spirit, to Sokol Spirit's address above. Registrants need to provide name, home address, phone, e-mail and indicate if this is a renewal of certification. The certification card will be mailed to you. Any questions please Call Meribeth Tooke, Education Dir. At 708/354-9126 or mktooke830@gmail.com. SOKOL SPIRIT IS A 501C3 Not-for-Profit corporation registered with the State of Illinois and operating in the community since 1929 in their present building with classes in fitness, gymnastics and the Czech language and culture. The training booklet is \$12. Please indicate interest on registration and bring check or cash payable to the instructor.



Like trivia?
Think you have a team that can't be beat?
Come join us at Sokol Spirit for our
annual adult trivia night!



When: Saturday, October 24, 2015 7 p.m. **Where:** Sokol Spirit – Lower Hall
Bring a friend, bring a team, or just bring yourself! This event is BYOB and BYOS (snacks!). We will have beer available for purchase. The cost is \$10 per person. Teams (of no more than 10 people) are encouraged! We will also have split the pot raffles. Questions? Call Kathy at 708-485-3269.



Sokol Spirit at the Brookfield Farmer's
Market Summer 2015!

Remaining dates: August 29

September 5 & 12

Village Hall Parking Lot - 8 a.m. - 1 p.m.

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Ev

s Market? If so you're not the only one! Help us spread the
d at the booth for the last few weeks of the Farmers Market.
Cassie Croft at bombage2@aol.com for more information.

Fall 2015 Rummage and Bakery Sale

Friday, October 9th: 9:30-Noon & 4-7:30pm

& Saturday, October 10th: 9:30-Noon

Sokol Spirit gym: 708/485-9663, No presales, Bag sale ALL DAY

Saturday. Stop at our Spirit Café for coffee, tea and home-made treats!

Some Large Items on Consignment. Donations taken.

Call the gym for more information.

NAZDAR...Thank you!



Would you like to have a reunion?

You invite the guests and we will furnish the venue at the Oktoberfest in September, the Quiz Night in October, the Spaghetti dinner in November, the Pancake breakfast in January, the Exhibition in March, or the Membership dinner in April. What could be more fun than to reunite with "old" friends.

At the last Membership dinner in April, there were approximately 15 former Sokol Slavsky Juniors who reunited. They came, some with spouses, acquaintances, or alone to "catch up" with friends. Some brought pictures and some reacquainted themselves with their former Sokol instructors. Some came from as far away as California and Wisconsin. All had a good time. If you would like to have a reunion, please contact Dorothy Becker, membership chair, (beckerd9749@sbcglobal.net) or (847-842-0390) and arrange a date. It will be fun, and you will be happy that you did it.

From the Juniors

We had our fly up in August in Chicago. We visited the Shedd and went to the beach. The newly-elected Jr. Board officers are: Isabella Smith - Girls Director; Michael Barcal - Boys Director; Lilly Smith - Secretary and Alex Gatsos - Treasurer. On Aug 22, we held a Car Wash. If you missed it, don't worry, we'll have many more opportunities in store for you to help support us as we gather funds to go to Slet this year in Pittsburgh. For some of us it will be our first. At Oktoberfest we will have a table for sales. Our year will be busy. We would like to thank you in advance for your continued support at our various activities, this and every year!!



SUNSHINE REPORT from Sis. Blanche Wostratzky

BWOSTRATZKY@SBCGLOBAL.NET or 708-788-4644



Congrats to Dean Shrofe, celebrating his last day of fifth grade. He is holding a certificate from the Perident's Education Awards Program. Great job, Dean, and best of luck to you in sixth grade! Proud parents, Kim and Mark Shrofe, wanted to show off this photo. We're proud of you, too!

*Best wishes to all of our kids as they
start a new school year.
Learn a lot, have a little fun,
be safe, and see you at Sokol!*



The 79th Annual CSA Fraternal Life Get Together took place in New Orleans, LA the weekend of July 31 - August 2. Chairing the event were Brothers Adam Wilt and Michael Dropka, and Sister Alix Wilt served as Treasurer. Among the activities at this annual event are the Miss National CSA Contest and Coronation, and the winners of the Kropik Scholarship and the CSA Fraternalist of the Year are announced. This year, Sokol Spirit is proud to claim its own Milissa (Missy) Dropka as the recipient of the CSA Fraternalist award. Besides receiving a plaque and flowers, the Society makes a donation on her behalf to her designated charity, and she is nominated for the same title with the American Fraternal Alliance. Congrats, Missy, on your Fraternalist of the Year award!

It is with sadness that we report the passing of two Sokol Spirit members recently. Sylvia Martello passed away in July. She was 95 years old and a 33-year member and strong supporter of Sokol. Helen Baker also passed away in June of this year. Helen just recently joined Sokol Spirit attending the Sr. II co-ed class.

We also extend our deepest sympathy to Sis. Suzanne Mazgay on the passing of her husband Frank in June. Frank, who was only 49 years old, is survived by Suzanne and three young children.

Our sympathies to these families.

It was a noncommittal lackadaisical summer day so I decided to spend the afternoon swimming at my condo resort on the Fox River near Starved Rock, Illinois. After spending considerable time splashing around in the deep end of the spacious pool, I dressed and went to get a bite to eat at the resort's cafeteria. I was sitting at the table finishing my hot dog and coffee, lazily people-watching, lost in my thoughts. Suddenly a young string bean of a girl came scurrying past me, stopped dead in her tracks and stared at me.

"I think I know you", she said.

"Oh?" I replied, not recognizing her.

"Yes, I go to Sokol, too", she explained.

"Really, yes, I go to Sokol!" I said somewhat perplexed.

"What Sokol do you go to?" I asked.

"Spirit" she replied!!

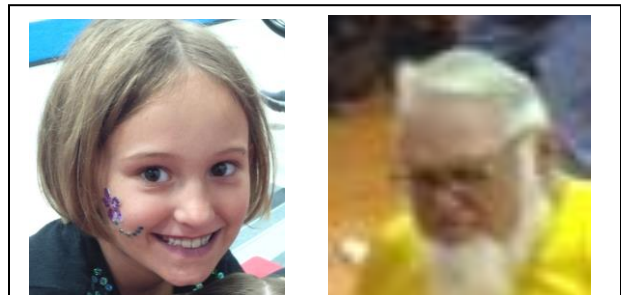
"I do too", I said surprised, "What's your name?"

"Julie. Perhaps you know my Dad, Jeremy Roberts",

she said. After a few more words the bundle of energy dashed off to the next table. There, judging by the stern look, her mother was about to give Julie a lecture on talking to strange lecherous old men.

"But Mom", Julie said, "he wasn't a stranger, he was wearing Sokol warm up pants!!!"

So it was that two Sokols, at least seven decades apart in age and miles from any Sokol environment, shared some moments together. That's Sokol Spirit!! Thanks Julie, you made my day. – Submitted by Bro. George R. Lacina



The 2016 Falcon Key Club



By now you should have received the Falcon Key Club Membership letter in the mail. The Falcon Key Club originated approximately 30 years ago as a special yearly fund-raising event to supplement much-needed income to our unit. It was designed for those members and non-members who would like to donate a little extra to benefit our building, classes, programs, and activities that we so much want to preserve at Sokol Spirit.

We realize that yearly dues are a significant amount. But, Sokol Spirit does not get to keep the full amount of your dues. Our unit has to give the Central District and the American Sokol National the amount of \$47 per member per year. You do the math.

Please be as generous as you can. Return your Falcon Key Club membership form today!



CZECH LANGUAGE/CONVERSATION CLASSES

MONDAYS, 7:00–8:30pm, BASIC CZECH CONVERSATION & GRAMMAR: Session I: September 14 – November 2, 2015 **8 weeks** \$155 per Session/Minimum 3 students. Session II: January 11, 2016 – February 29; Session III: April 4, 2016 -May, 23 Textbook: Basic Czech I by Ana Adamovicova and Darina Ivanovova (Amazon \$18) Note: Translations offered following class-appointment preferred

WEDNESDAYS, 7:00–8:30pm, INTERMEDIATE CZECH CONVERSATION & GRAMMAR: Session I: September 16 – December 10, 2015 (11/25 skip) **12 Wks** \$140 per Student/Minimum 5 students. Session II: January 6, 2016 – March 23; Session III: April 6, 2016 – June 22. Textbook: Basic Czech

Please Note: If the minimum number of students is not reached, the number of lessons may be shortened. Discount with advance payment, please ASK. If paid in advance, please mail check to Sokol Spirit c/o Czech Language Class.

CZECH CULTURAL CLASSES in the English Language

2nd TUESDAYS of the Month 7:00-8:30pm starting September 8 through June 14, 2016 \$5 per person includes 1st pilsner, water bottle, or pop free NOTE: Extra fees apply when there is a hands-on activity...please preregister so supplies can be ordered and you are not disappointed. Sept: St. Wenceslav and his murderous family; Oct: Czech Beer story; Nov. Czechoslovak Communist Alphabet (1945-89); Dec: Christmas Gingerbread making; Jan.: Czech History Monuments-Vysehrad, Prague Castle, Karlstejn, Hora Rip; Feb. Bozena Nemcova and Revival movement; March: Easter traditions-egg decorating+; April: Folklore/Open-air museums; May: Grand story of Bata; June: Unesco Sites JOIN US IN LIVELY CONVERSATION and perhaps learning new family traditions.....

Questions? Email czechclass@sokolspirit.org Questions? Email czechclass@sokolspirit.org.

SOKOL SPIRIT FIRST FRIDAY CZECH FILMS

.....from Sokol Spirit's Foreign Language Committee. **The series** continues this Fall ... a \$5 donation with free pilsner, water, or pop. Each film has handouts and is accompanied by our head Czech language teacher, Pavlina Dropka, except where indicated.

September 4 Holiday Makers/Ucastnici Zajezdu (R; 117 min, 2006) A comedy based on the 1996 novel Účastníci zájezdu by Michal Viewegh, (popular contemporary Czech writer) Tribeca Fest. Win.

October 2 The Shop on Main Street/Obchod na Kora Golden Globe & Oscar 1996; political (PG-13 125 min; 1964)

November 6 Secluded, Near Woods/Na samote u lesa (G; 92 minutes; 1976) Ulrich and Vera Bench travel to the countryside with their children Peter and Susanna to look for a cottage to purchase.

December 4 Old Believers-3 film documentaries in B/W on the Ruthian orthodox religious persecution Filmed from 1984 to 2001 (G; 100 minutes w filmmaker interview B/W)

Sokol Spirit is a 501(C)(3) not-for-profit organization.



Calendar of Events

First Wednesday

Sokol Spirit Unit Meeting 7:30pm

Third Monday

Sokol Spirit BOI Meeting 7:30pm

Fall 2015:

September 4 – First Friday Czech film

September 8 – New Cultural series starts

September 11 – 6-8 p.m. Class registration

September 12 – 3-10 p.m. Oktoberfest

Week of September 14 – ☺ classes resume,
Czech language classes start

October 2 – First Friday Czech film

Oct 9 & 10 – Spirit Rummage, Bakery and
Consignment Sale

October 17 – CPR and AED certification class

October 24 – Quiz Night 7 p.m.

November 7 – Spaghetti Dinner

November 21 – Vendor Fair

November 13-15- American Sokol 150th

Anniversary events:

November 13 – Special Number

performance & social – Max Sports Complex
- McCook

November 14 –

- Volleyball Tournament 8am-4 p.m. -
Max

- Bowling for fun 11:30 a.m. – Rolling
Lanes, Countryside

- Gala - Women's Athletic Club – Chicago

- Anniversary Party - Lisle Hilton

Whew! A lot going on!
We look forward to your
participation in Sokol events!



Don't forget to check in at the gym: www.facebook.com/sokolspirit



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