



3909 S. Prairie Avenue
Brookfield, IL 60513-2143

August 2019

Moving?
Please let us know your new address!

Contact: Dorothy Becker 340 Lake Shore Drive North,
Barrington, IL 60010-3425

BeckerD9749@SBCglobal.net

Check out our website:

www.sokolspirit.org

**From our President,
Howie Maskill**

Hello Sokol Brothers
and Sisters,

I would like to
introduce a few new
officers on Spirit's
Executive Board. This
year we welcome Carol
Shrofe as 2nd Vice
President and Jennifer



Baran as Treasurer. I am also excited to announce our new Co-Physical Directors, Kathy Barcal and Alix Fron. The BOI is in good hands with their expertise and dedication to Sokol. Pictured above are (left to right): Bro. Adam Wilt, Bro. Mark Schrofe, Sis. Alix Fon, Sis. Vera Wilt, Sis. Jenn Baran, Sis. Dorothy Becker, Bro. Howie Maskill, Sis. Carol Shrofe, Sis. Kathy Barcal, Sis. Cassie Croft and Sis. Lindsay Kostecki. A larger photo and a list of officers and delegates can be found in this newsletter.

Despite the summer break from most of our Sokol classes, we have managed to remain very active these past few months. At the end of June we participated in Sokol USA's Sokolfest in Buffalo, NY. Sokol Spirit was very well represented at this Slet. Our members enjoyed Volleyball, Fitness Challenge, Gymnastics, Calisthenics, Bowling, Socials and more! Many participants took the opportunity to visit the Niagara Falls. It is always great to see our members travel and support national events in such large numbers.

We hosted the 2019 American Sokol Instructor School from July 7-21. For two weeks 18 students plus staff trained, slept, and ate in our hall. Thank you to the many volunteers who helped make this event run as smooth as it did. It would not have been a success without you! I am proud of Junior Boy Jake Heetel for all his hard work in his Beginner year of Sokol School.

This summer our members also marched and performed in the LaGrange Pet Parade and the Brookfield Fourth of July parade. Volunteers have been promoting Sokol Spirit at the Brookfield Farmers' Market on most Saturdays this summer and we had a tent at the Czechoslovak American Congress picnic in July. In early August we had a presence at the village of Brookfield's National Night Out, a national community-building campaign that promotes police-community partnerships.

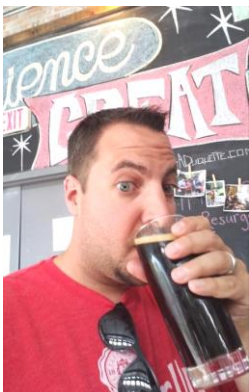
Please keep an eye out for more information regarding upcoming events. Registration for the 2019-20 Sokol classes is already open online! The new year of classes will begin the week of September 9th. I also hope to see many of your faces at our 9th Annual Oktoberfest in the parking lot on Saturday, September 14th from 3-10pm. Come out and enjoy great food, live music and fun for the whole family.

NAZDAR! Brother Howie Maskill

2019 Sokol USA Sokolfest – Buffalo, New York – June 26-30



Volleyball: Our Spirit I Women's/Junior Girls' team (top left) came home with a 2nd place trophy, our Spirit II Women's/Junior Girls' team (top right) placed in the top six, and our Men's/Junior Boys' team (left) placed in the top four in their tournament. Thank you to some members of Sokols Tabor and United who joined the Spirit teams in the tournament. We are proud of all competitors in Buffalo. Other highlights from Buffalo follow on this and the next page.



Our President with a stout



Buffalo Brewery tourists



Very pruny Spirit Juniors & new friends who lived in the pool



Juniors and Coach B at Niagara Falls at night



Awards night



Our Juniors at the big celebration



Junior girls and Coach Wilt



One of my favorite parts 😊



Above: On the Slet field

Below: The Spirit family in Buffalo



2019 American Sokol Instructor School - Sokol Spirit - July 7-21

Sokol Spirit was proud to host the 2019 American Sokol Instructor School (Kurz) in our building. 18 students and 7 staff members spent two weeks learning to be Sokol Instructors. All of our equipment was put to good use during classes like Spotting & Progressions, Apparatus, Games, Pyramids and more. Spirit's Sis. Alix Wilt served as a staff member. Irena Polashek from Sokol Tabor led the kitchen crew and we are thankful to all of our members who volunteered their time to help cook meals, as well as those who volunteered for other tasks, like driving students for field trips or doing laundry. Many of our youth members came to the gym during these two weeks to participate as class members while the Instructor School Students practiced teaching a 30 minute Sokol Class. The Spirit Juniors volunteered their time by selling snacks to the students each evening. One of our Junior Boys, Jake Heetel, attended the school as a Beginner and ended the two week course as 1st in his class. He was also awarded the Leadership Award within his level. We are so proud!



2019 American Sokol Instructor School (continued)



A reflection by Spirit Junior Boy Jake Heetel, 1st-time course participant:
"When you are with other juniors for two whole weeks, you get to know them really fast. Coming in to Kurz I only knew three other kids, but when it was all finished, I got to know all of them. I never really knew how deep Sokol was before coming to the school. Sokol is like family, we even had to call the instructors brothers and sisters. On top of that, we learned how to run Sokol classes and incorporate all aspects of being a Sokol: calisthenics, gymnastics, pyramids, marching, culture and so many other things. We had many great moments and inside jokes we will remember forever, and we had times where we were stressed. We knew we were all in it together, and we can make it out alive. We only accessed our phones a few times during camp; personally, I thought it was a long needed break from electronics. To wrap it up, I learned many things that I can take back to my gym to help it get better, and I cannot wait until next summer for Instructors Kurz. (And thank you to Sokol Spirit and President Maskill for approving me to go)."



Brookfield Fourth of July Parade - July 4



Sokol Spirit was represented again this year at the Brookfield parade. We saw many Spirit members and families along the route. Next year, we hope you'll join us. It's always a great time.



Executive Board

President – Howie Maskill

1st Vice President – Cassie Croft

2nd Vice President – Carol Shrofe

Treasurer – Jenn Baran

Secretary – Kathy Barcal

Financial Secretary – Dorothy Becker

Membership Director – Lindsay Kostecki

Information Technology Director – Bob Barcal

PR/Marketing Director – Adam Wilt

Educational Director – Vera Wilt

By-Laws Director – Adam Wilt

Physical Directors – Alix Wilt & Kathy Barcal

Building Management Committee Director – Mark Shrofe

Building Management Committee - **Chairman** – Mark Shrofe

2019 – 2021 Term: Bob Barcal, Eric Kostecki, Jim Hedderman & Ryan Shields

2018 – 2020 Term: John Bazata, Alex Maskill, Mark Shrofe & Adam Wilt

At Large Members: Elmer Kulousek, John Tooke & Howie Maskill (Ex-Officio)

Board of Instructors - **Physical Directors** – Alix Wilt & Kathy Barcal

Assistant Director – Jenn Baran

Secretary – Dorothy Becker

Junior Board Officers

Directors: Boys - Dean Shrofe **Girls** – OPEN **Secretary** - Amanda Suvetor **Treasurer** - Josie Mensik

Standing Committees

Audit Committee: Diana Rhoades, Mary Novak & Ashley Croft

Budget & Finance Committee: Jenn Baran, Bob Barcal, Dave Kakareka, Adam Wilt & Howie Maskill

Falcon Key Club Chair: Barb Bossany

Newsletter Editor: Kathe Pajer Heetel

Sunshine Chair: OPEN

Exhibition Ad Book: Barb Bossany

Delegates to Affiliate Organizations

Central District: Ellie Babka, Kathy Barcal, Howie Maskill, Adam Wilt

Brookfield Chamber of Commerce: Vera Wilt, Bob & Kathy Barcal

Bohemian National Cemetery: Angie Bultas, John & Meribeth Tooke

Czechoslovak American Congress: Barb Bossany & Vera Wilt

Tabor Hills Nursing Home: Angie Bultas & Carol Rocush

Sokol Classes Begin Week of Sept. 9-13, 2019

2019-2020 Sokol Fitness Class Schedule

Tots (Preschool & Kindergarten) - Monday 5:30-6:30 p.m.

Girls (Grades 1-6) - Monday 6:30-8 p.m.

Boys (Grades 1-6) - Tuesday 6-7:30 p.m.

Girls GIJO Gymnastics Class (Grades 1-6) - Thursday 6:30-8 p.m.

Junior Girls (Grades 7-12) - Monday & Thursday 8-9 p.m.

Junior Boys (Grades 7-12) - Tuesday 7:30-8:30 p.m. & Thursday 8-9 p.m.

Women (Ages 18+) - Monday & Thursday 9-10 p.m.

Men (Ages 18+) - Tuesday & Friday 8:30-9:30 p.m.

Senior Co-Ed (Ages 55+) - Tuesday 9:30 - 11:15 a.m.

Wheel Gymnastics (Ages 6+) - Wednesday 5:30-6:30 p.m.

Spin (Ages 16+) - Monday 7:00-8:00 p.m. and Saturday 8:00-9:00 a.m.

Class Details Online - Register Online NOW: www.sokolspirit.org!



Saturday, September 14

3:00 - 10:00 p.m. in the Spirit Parking Lot

***Potato Pancakes, Brats, Beer, Live Music,
Games and a Bounce House!***

Free Admission!

Please join us for the **2nd Annual Pigskin Pig Roast on Sunday, October 20th** in the lower hall of Sokol Spirit. The Pig Roast will take place during the Bears (vs. Saints) game which will be broadcast on a large screen. Game time is 3:25pm – please check the Spirit website for more information and event start time. Families welcome!





Have you heard...?

Tell us about Sokol Spirit member news:
SPIRITNEWS@HOTMAIL.COM ~ 708.370.7335



← Sis. Alix Wilt married Ken Fron Jr. (member of Sokol Tabor) on July 6th 2019. They got married at Mater Christi Church in North Riverside with the reception at Carriage Greens Country Club in Darien. There were many Sokol members in attendance, so many that when a Sokol picture was requested on the dance floor, almost everyone in attendance was in it! Congratulations to the newlyweds! So happy for you both!

Sis. Emily Polacek, a Sokol Spirit member, celebrated her 101st birthday on July 22. Emily started Sokol as a little girl. She became a member of Sokol Berwyn when she turned 18. When Sokol Berwyn and Sokol Spirit merged she became a member of Sokol Spirit. Emily met her husband Bill through Sokol. Her daughter is still a member of Sokol Tabor. They are a real Sokol family. Emily is probably our oldest member, or as we prefer: "our longest long-timer". Please join me in wishing Emily a happy birthday.

Congratulations to Spirit's Sis. Cassie Croft for being named American Sokol Rising Star for the months of July and August! You can view the submitted article about Cassie and her contributions to Sokol in the July/August 2019 ASO Publication.

Well wishes go out to Bro. John Bazata who had emergency surgery to repair a detached retina on August 2. Unfortunately, for a busy guy like John, the rules for recovery are no activity of any kind while the eye heals, so rest up and we hope to see you back in the gym soon!

Please continue to send member news to Sis. Ellie Babka (babka@att.net) or 708-442-8810 – especially you long-timers we don't hear from very often. Love to keep in touch. Na Zdar!

Brookfield Farmer's Market – Village Hall Parking Lot – Saturdays 8am -1pm



Come help promote Sokol Spirit to the community this summer at the weekly Farmer's Market. We could always use members to help us at this event. As a volunteer, you would set up our booth and speak with the community about Sokol Spirit and all we offer!

Remaining 2019 Farmer's Market dates: August 24, 31 September 7, 14

This event is located at 8820 Brookfield Ave in Brookfield in the parking lot.

Email me with questions or if you'd like to volunteer: bombage2@aol.com - Cassie Croft

World Beer Club – Third Friday of each month - 8:00 p.m.

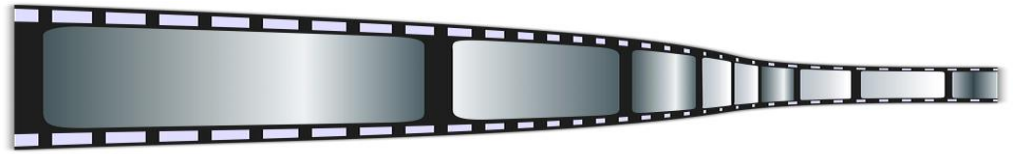
Fall 2019 dates: September 20, October 18, November 15

Join us at Sokol Spirit once a month as we enjoy the vast variety of the beers from around the world. \$10 cover charge per participant (must be 21 or older) includes a flight of 6 beers. Each month will feature beers/tasters from a different region or with a unique theme. Beers will be rated by all tasters. Receive a punch card to earn a free flight. Light snacks or food item tasters will be provided, or bring some to share.

Be part of the "Club": WBC glasses available: \$5.

September's theme: Fantasy-themed beers info@sokolspirit.org





The Friday Film Series resumes on the 3rd Friday of the month, so join us on September 20, October 18, and November 15 this Fall. The Czech films start at 7pm in our Czech classroom upstairs and with donation of \$5 you get a free pilsner, pop, or water. Then be sure to attend World Beer Club in the lower hall following each movie.

SEPTEMBER 20 AUTUMN SPRING/Babí léto: 2001; PG-13 for language; 95 minutes; Subtitles; Bittersweet Comedy in the Czech tradition; Fanda, an old man who refuses to grow up. Despite pleas from his exasperated wife Emilie and son who want him to make some serious decisions about the future, he ignores their nagging and spends the days seeking amusement and adventure. Aided by his pal and former theatre colleague. Fanda keeps his acting skills sharpened by pretending to be a host of fascinating characters.

OCTOBER 18 FAUST: 1994; PG-Occult; 97 Minutes; In English; equally astounding version of the myth of Dr. Faustus, merging live action with stop-motion and claymation and animation. Svankmajer has created an unsettling universe presided over by diabolic life-size marionettes and haunted by skulking human messengers from hell. Svankmajer's *Faust* (movingly incarnated by one of the Czech Republic's finest actors, Petr Cepek) is an ordinary, inquisitive everyman, who, upon exiting a Prague subway station, is handed a map that draws him to his doom.....perfect for Halloween viewing!

NOVEMBER 15 ICE MOTHER/Bába z ledu: 2018; PG-13 Nudity; 106 Minutes; Subtitles; Is it possible to break out of one's routine and head in a new direction later in life? Sixty-year-old Hana is unexpectedly given the impulse to do just that when she meets contemporary Broňa, who encourages her to take up physical conditioning. This puts the wind-up Hana's grown-up sons, who have been brazenly abusing her generosity. The prospect of a new romance with a hardy nonconformist, who arrives at a family lunch with a hen friend called Adele, finally goads Hana into changing the established order.

Learn Czech at Sokol Spirit: Czech language classes

2019-20 Sessions

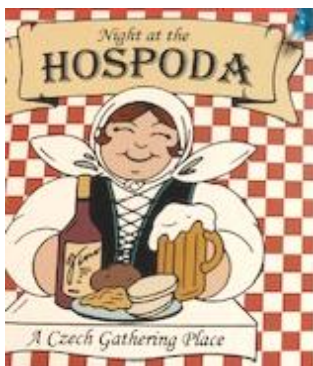
Basic Conversational Czech - Monday Mornings from 10 AM to 11:30

- Session I – 12 weeks, September 23 to December 16, 2019 - \$190 Donation
- Session II – 10 weeks, January 20 to March 23, 2020 - \$160 Donation
- Session III – 10 weeks, March 30 to June 8, 2020 - \$160 Donation

Intermediate Conversational Czech – Wednesday Evenings 7PM to 8:30

- Session I – 12 weeks, September 18 to December 11, 2019 - \$190 Donation
- Session II – 10 weeks, January 22 to March 25, 2020 - \$160 Donation
- Session III – 10 weeks, April 8 to June 10, 2020 - \$160 Donation

All classes use: "Basic Czech I" by Ana Adamovicova and Darina Ivanovova (Available on Amazon \$18) plus handouts. Questions? czechclass@sokolspirirt.org / 708-442-4444. Call for part-time options. Register at first class of each session.



MCS Hospoda – October 19 – Sokol Spirit

The Moravian Cultural Society invites you to *A Night at the Hospoda*, a Czech gathering place. Enjoy an evening of Czech dinners; Czech beers, wine and spirits; Bar snacks (all available for purchase), and – of course- Czech music. Doors open at 4pm on Saturday, October 19th. It's sure to be a great time for all! For more information, please call 630.325.3873 after 6pm, or www.moravianculturalsociety@yahoo.com.



Calendar of Events

Monthly meetings resume in September!

First Wednesday

Sokol Spirit Unit Meeting 7:30 pm

Third Monday

Sokol Spirit BOI Meeting 7:30 pm

Save the dates:

August/September 2019:

August 24 & 31, Sept 7 & 14:

Brookfield Farmers Market 8am - 1pm

September 4: Unit meeting (info above)

Week of September 9: Classes start! Register online or we'll help with registration in class.

Sept 14: Spirit's Annual Oktoberfest 3-10pm

Sept 18 & 23: Czech classes start

Sept 20: Friday Film - *Autumn Spring* 7pm

Sept 20: World Beer Club (WBC) -

Fantasy-themed beers 8 pm

October 2: Unit meeting (all welcome)

October 18: Friday Film – *Faust* 7pm

October 18: WBC 8pm

October 20: 2nd Annual Pig Roast (afternoon)

November 2: Spaghetti Dinner

November 6: Unit meeting (all welcome)

November 9: Vendor Fair

November 20: Friday Film – *Ice Mother* 7pm

November 20: WBC 8 pm

See the website for more information about these and other events!



Don't forget to check in at the gym: www.facebook.com/sokolspirit



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