



3909 S. Prairie Avenue
Brookfield, IL 60513-2143

June 2020

Moving? Please let us know your new address! Contact:
Dorothy Becker
340 Lake Shore Drive North
Barrington, IL 60010-3425 BeckerD9749@SBCglobal.net

Check out our website:

www.sokolspirit.org

From our
former
President,
Bro. Howie
Maskill

One year ago I outlined several goals for the coming year. One of those goals was to grow our adult membership. I am happy to say this goal has been met as we increased our membership from 243 to 256, a 5% increase over the past year. Another was to increase youth class sizes. We accomplished this with a 9% increase going from 87 to 95 youth class participants. I also challenged us to better engage our class parents and new members. Although this one is harder to gauge, it is probably one that needs the most improvement. Certainly, having our Sokol season cut short hindered our efforts. For all of these goals, it is important to never become complacent and always continue to strive for an even bigger and better Sokol Spirit.

Our fitness program, led by our Board of Instructors, continuously thrives for a successful gym program. There has been a large focus over the last few years on growing our class sizes, with an emphasis on the younger feeder programs to establish strong classes for years to come. This past year I was excited to see enrollment growth in our Boys class. The class size has tripled in size and is the largest we have seen in many years. The GJO class more than doubled in size.

Our aging building is now over 90 years old. Under the leadership of our Building Management Committee we continue to maintain and improve the facilities. This year we installed new rear doors to the building, added security cameras near the front doors and parking lot, replaced the water heater, and we're in the process of purchasing an industrial floor scrubber for the upkeep of the recently renovated lower hall. I look forward to calling this building our home for many more years to come!

Like all Americans, we have felt the effects of COVID-19. Over the past three months we had to prematurely end our fitness class sessions. All district competitions and events were cancelled. We cancelled Exhibition, Friday Movie Nights, Trivia Night, Membership Brunch, the Chipotle fundraiser, chili cook-off, all group rentals, and the summer Punta Cana trip. It was sad to see, but just looking at this list it also makes me grateful for the many events we offer for our community. We responded to the pandemic the best we could and also learned to adapt. The BOI has come up with creative ways to try to engage their students. The Czech language class has continued through virtual classes, and our monthly world beer club still meets through virtual meetings. Over the next couple months, we need to create a plan for how we will operate our Sokol with everyone's health and safety in mind. There is no doubt that things will be very different when we return in the Fall, but we must be prepared to adapt and forge on.

As I end my 3rd and final term as President, I hope to leave this position with a stronger Sokol Spirit than when I arrived. I want to express my thanks to all the officers, instructors, committees, volunteers, and all our active members for all their hard work. It has been an honor to serve you.

NAZDAR! Former Sokol Spirit President, Bro. Howie Maskill

From our
new
President,
Bro. Adam

I'd like to begin by thanking Brother Howie Maskill for his wonderful service as our unit President during the past three years. These three years presented significant change and adversity for our unit. Howie did an amazing job lead us through both a flood and a pandemic. I will do my best to continue his example of leadership during my time back in this role.

During this new Sokol Year my goal is to work with our Executive Board, Board of Instructors, and Building Management Committee to safely and successfully re-open Sokol Spirit. Many of our members and participants have been impacted significantly due to COVID-19 as well as by the social movements taking place in our country.

My number one priority for the coming year is to insure that Sokol Spirit is a safe place for all members of our community, and that we can continue to welcome everyone to our mission of to provide fitness and community for individuals and families through physical, educational, cultural and social programming. Please keep an eye on our website www.sokolspirit.org, our social media accounts, and to your email for updates during the summer as we develop our plans to re-open and re-engage safely and inclusively.

Finally, I would like to recognize this special issue of our newsletter. Since we were forced to cancel our Exhibition this past year, we have dedicated this newsletter to sharing the messages that you missed in the Exhibition Program Book. There will also be a few ads in the August newsletter as well. We are grateful to all of our Sponsors, Families and Instructors for your continued support.

NAZDAR! Sokol Spirit President, Adam Wilt



Good Luck
Tricia Rini!
Love,
Dad and Mom

Josephine and Alfons ~



HOPE YOU HAVE A GREAT TIME AT
EXHIBITION.

WE ARE SO PROUD OF YOU!
LOVE MOM, DAD, AND VIKTOR





Boosters:

Husak Family

Marie Bultas

McDaniel Family

Power Boosters:

Elmer Kulousek

Congrats on a terrific exhibition!

The Croft Family

Helen Sevcu

Good Luck Larrie, Alex and Howie!!

Bruce and Marilyn Russell

Good Luck!

Laddie & Lorraine Vanek

Congrats to all the "Prime Time"
performers tonight!

- Cassie Croft and David Kakareka

Super Power Boosters:

Laddie & Jan Polz

Carol Kala

Nazdar! Bruce & Diana

Carol Shrofe

Mark, Kim & Dean Shrofe

Debbie & Jim Russell

Meribeth & John Tooke

Bultas & Makdah Family

Mary and Mark Novak

Bob, Kathy, Ryan,

Kaitlyn & Michael Barcal

Paul Lebloch

The Becker Family

The McGuire Family

Best wishes for a great
exhibition! The Veselskys –
Jerry, Karen & Emma

Sokol Spirit IS Prime Time!

Good Luck! –

The Koslo Corks Family



In Memory Of:



Howard "Bud" Maskill Bro. Richard Ptacek Anne & Bill Turek
from the Maskill Family from Chuck & Dorothy from the Becker Family
Ptacek Family

Ed Schnabl
from EJ, BD, AD
and grandkids

The Haliks
from the Halik Family

Jennifer Turek Sellers
from the Becker Family

Les Shrofe
from the Shrofe &
Russell families

Dick Ptacek
from Ray & Marilyn
Lutha

Earl E Spillar & Mildred
Spillar
from Carol Crispo,
Patricia and
Earl J. Spillar

Emilie and Joseph
Sevcu – Helen Sevcu
and
Spillar Family

Howard "Bud" Maskill
from Marge Maskill
Amlie

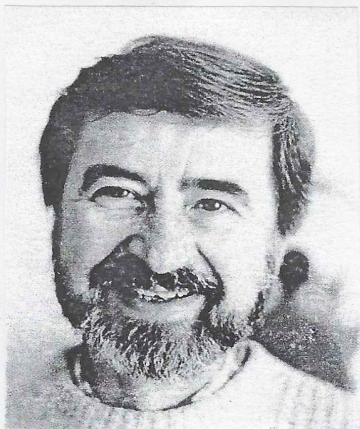
Zdenek Ulrich
from Steven Ulrich
family

Ron Bazata
from Joanne Bazata



Bessie Marie Anthony

In Loving Memory



Bernie Babka

— *from Ellie* —
Kathy and Jan
(Carr) (Schreier)

In Loving Memory Of....

**Jerry & Millie
Michalek
and
Frank & Mary
Kozubik**



Folkmann, Hankey, Lyon, Martin
Sanders & Sullivan
Families

In Memory of

*Leslie D. Shrofe
Robert E. Nicklas
Virginia F. Nicklas
Clarence A. Schlehofer
Vlasta R. Schlehofer*



*Love, Robert & Carol Nicklas
Shawn Nicklas
Lisa Villara Tina Konke*



**In Loving Memory of
Dick Ptacek**

From, Marie Ptacek
Lynne Ptacek-Goodridge
and family,

Richard R. Ptacek and family,
Jacki Ptacek-Rada and family

*In Loving Memory
Of
Jerry Zitko*



*From
Elaine Zitko
Jerry R. Zitko
Susan Zitko D'Andrea*

**In Loving Memory of
Kim Marie Viita (Zahrobsky)**

*- The Viita, Zahrobsky
& Maskill Family*



In memory of Stan & Rose Barcal



*In Memory of
Russell & Anna Spirek
Paul & Liboria Falzone*

We remember and love you always.

Juanita & Guy LoGiudice | Gina, Brad, Dylan & Harper Curvin
Angela, Brian, Christopher & Emily Hartford | Ray Spirek



Wishing Sokol Spirit a safe and successful
16th Exhibition
NAZDAR!
SOKOL UNITED

Nazdar!

The Bazata Family



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Amy

Dylan & Amberlyn



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DAILY BUFFET SPECIALS

TUESDAY

Meatballs in Dill Sauce

WEDNESDAY

Pork Goulash ~ Oxtail Stew (1st Wednesday only)

THURSDAY

Swiss Steak or Pepper Steak or Velvet Steak

FRIDAY ~ ATLANTIC COD FISH

Shrimp Cocktail & Broasted Shrimp (Dinner Only)

SATURDAY ~ NOODLES AND HAM

BBQ Pork Ribs (Dinner Only)

SUNDAY (ALL DAY)

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*Best Wishes
to Sokol Spirit for a successful
Gymnastics Exhibition!*



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Go Sokol Spirit! The Pajer Family

Agnes Pajer

Kathe, Jim,
Jake and Cole Heetel

Tom, Kandi,
Max and Scarlet Pajer

Joe,
Athena, Caius and Hadrian Pajer

Congratulations on a
Successful Exhibition!



Special thanks to all participants and
our team of instructors for putting
on a great show!

Nazdar!

Alex, Howie & Mackenzie Maskill



Congratulations
SOKOL SPIRIT
on their 16th Annual Exhibition

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adult dance group please e-mail us:
moravianculturalsociety@yahoo.com

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*A **big thank you** to all who donated to the Ad Book fundraiser. Three other supporters' ads would not fit into this newsletter, so those ads will be in the August SpiritNews. Please patronize these supporters of Sokol!*

Falcon Key Club Update

You may have noticed that you did not receive a letter this year for Sokol Spirit's Annual Falcon Key Club. The mailing was scheduled to go out to the membership in April. However, at the April 1st meeting the Executive Board voted not to solicit for donations at this time due to the economic uncertainty and financial hardships some members may be experiencing from COVID-19. Thanks to all who have previously contributed to the Falcon Key Club over the years. Your generosity helps keep our programs running and we look forward to your support in the future.

Healthy Tips for Seniors

(Sis. Nancy Pajeau asked for this to be included for the Senior Co-Ed Class, but I think it's relevant for all of us.)

- Remember to eat healthy, stay positive and happy and exercise safely and daily.
- Exercise - Work in your garden, clean your house, cook and bake or just keep moving.
- Endurance - Go for a walk, walk up and down stairs or dance to your favorite music.
- Strength - Use light weights (plastic water bottles) then drink the water, lift grocery bags, use your muscles.
- Balance - Use a chair or wall for support and stand on one foot, then the other foot.
- Flexibility - Stretch all parts of your body. Stretch slowly and hold. Then return slowly to original position.
- Great site for seniors: go4life.nia.nih.gov

I miss everyone and hope we can to together soon. Nancy



Have you heard...?

Tell us about Sokol Spirit member news:
SPIRITNEWS@HOTMAIL.COM ~ 708.370.7335

Condolences to the Jilek family on the passing of Sis. Elsie on April 23, 2020. Elsie Jilek was a 73 year member of Sokol. Her husband, Robert, who is a 77-year member, lives in The Birches Assisted Living in Clarendon Hills. Robert and Elsie regularly supported the Sokols for a long time. Elsie even has two framed portraits of Tyrs and Fugner that she would like to donate to Sokol Spirit. We thank you, Elsie. A memorial service for Elsie will be held at a later date because of the pandemic. A Sokol "Nazdar" to Elsie from all of Sokol Spirit.

Congratulations to Junior Girl Alexis Suvetor on her graduation from Morton West High School this year. Of course, there was no graduation ceremony this year for Lexi and her fellow 2020 grads; still we are celebrating her achievements. Lexi's plans are attend Triton College to study Nursing in the Fall, and she hopes to return to working at the Brookfield Zoo when it reopens. She also plans to stay active in Sokol classes but next year in Women's class. We are very proud of you and wish you all success at Triton. Although the Juniors will all miss seeing you in class, we look forward to seeing you in Women's class in the Fall.



Brookfield Farmers' Market Summer 2020

Despite the COVID-19 Pandemic, Brookfield has committed to hosting this great event all summer, and Sokol Spirit continues to support it. We have our booth again this summer at the Village Hall and are always looking for volunteers to get the word out about Sokol Spirit. We attended the opening day on June 6, and it was confirmed that over 1,000 people visited even with the improved safety measures in place.

Dates Sokol Spirit will be at the Brookfield Farmer's Market

July 11, 18 August 1, 15, 22, 29 September 12, 19

Please feel free to email Cassie Croft at bombage2@aol.com, if you'd like to volunteer!



Czech Film Series and World Beer Club



Join us on the **3rd Friday of the Month** for our Czech Film Series and World Beer Club! The Czech films start at 7pm in our Czech classroom upstairs and with donation of \$5 you get a free pilsner, pop, or water. (Films have English Subtitles). World Beer Club starts at 8pm in the lower hall. More information about the film schedule will be listed in the August newsletter or, if you can't wait, see the schedule at <http://www.sokolspirit.org/education/czech-film-series/>. For now, mark your calendars for Friday Film Series and World Beer Club every third Friday of the month, starting September 18!

Also, Czech language course information will be listed in the August Spirit-News as well.

Photo at right: This is the screen of my laptop during the April Virtual World Beer Club on April 17 which was held via Zoom. 32 families joined the event; the screen couldn't even fit everyone at the same time! People from four states participated—some people we haven't seen for a while, and of course some of our 'regulars'. Virtual World Beer Clubs were held in April, May and June. It was great to see everyone and enjoy some Sokol camaraderie in a socially-distant way. Cheers!





Calendar of Events

Meetings resume September 2! All members welcome to Unit meeting!

First Wednesday

Sokol Spirit Unit Meeting 7:30 pm

Third Monday

Sokol Spirit BOI Meeting 7:30 pm

September 2020:

September 2: Spirit Unit Meeting 7:30pm

September 12: Oktoberfest 3-10pm

Week of September 14: Classes start

September 18: Czech Film Series 7pm

World Beer Club 8pm

October 7: Spirit Unit Meeting 7:30pm

October 16: Czech Film Series 7pm

World Beer Club 8pm

October 24: Trivia Night (tentative)

Save the dates:

November 7: Spaghetti Dinner (yum!)

November 14: Vendor Fair

See the website for more information about these and other events!

Stay well everyone!



Don't forget to check in at the gym: www.facebook.com/sokolspirit



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