



3909 S. Prairie Avenue  
Brookfield, IL 60513-2143

**June 2021**

Moving? Please let us know your new address!

Contact: Dorothy Becker

340 Lake Shore Drive North

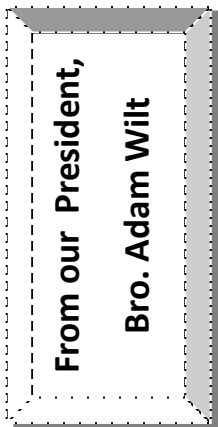
Barrington, IL 60010-3425 [BeckerD9749@SBCglobal.net](mailto:BeckerD9749@SBCglobal.net)

Check out our website:

**[www.sokolspirit.org](http://www.sokolspirit.org)**

Over the past year Sokol Spirit has thrived due to adaptability. Obviously the past fifteen months, since the early impact of the pandemic, have created many obstacles for our organization, our programs, and our members. Yet our Executive Board, our Board of Instructors, and our Building Management Committee made great efforts to adapt to the new world around us. Thank you to these groups, our participants, and to our members for supporting our efforts to make the most of the past year!

Aside from exemplary efforts from our members, technology has played a significant role in our ability to adapt. A few examples of the new ways we incorporated technology into our efforts this past year include:



- Active Network continues to allow our BOI to collect class registration online. This resource also made shifts to our class sessions and our ability to set limited size classes easy. This web-based program also assisted in enforcing social distancing requirements, and contact-less collection of payments.
- Square Up was used in new ways as we shifted from in-person to carry out fundraisers with our Oktoberfest, Spaghetti Dinner, and St. Patrick's Day events. The online tools of this platform allowed Sokol Spirit to continue to raise funds while complying with the changing regulations of the pandemic.
- Zoom has changed the way that many of us interact, and this is no different for Sokol Spirit. We have now used Zoom for our monthly membership meetings, committee meetings, and multiple trivia fundraisers for a full year. This has even helped us engage members who would typically not attend due to distance or other limitations.

There is no doubt that we have all slowed down a bit, and as things open we are all going to take more time to consider the way we spend our time and energy. As a unit, the past year has forced us to re-examine our fundraisers, socials, and our programs. This means that over the months ahead we will need to continue to adapt and reflect on our priorities for Sokol Spirit. We are sure to have some crucial conversations as we begin to fully assess and consider the new realities that will result from our new normal. The participation of you, our members, is essential to shaping our path ahead. I encourage you to engage and to be thoughtful as we consider how to shape the future of Sokol Spirit. The best path will be one that we establish pro-actively and one we create together. As the great Jack Welch said, it is better to "Change before you have to."

We are all excited to return to a more normal life in the coming Sokol Year. We are fortunate to have seen a strong performance of our Unit Reserve Fund/Investment Portfolio which will allow us to fund a couple of necessary projects (new parking lot & fire escapes) that will be important for safely re-opening for a more normal year ahead. We will continue to monitor and incorporate CDC/Local Government guidance as we continue on the path to our new normal. I look forward to working with our boards and committees in the coming year as we continue to adapt, and continue to live by our Sokol Spirit mission to provide fitness and community for individuals and families through physical, educational, cultural and social programming.



Enjoy these photos from the Monday/Thursday girls class in-house competition during the last 2 weeks of class . An awards ceremony was held during the last class. Congratulations to all of the girls who participated!



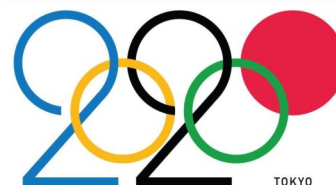
Speaking of competition, good sportsmanship, and well-deserved awards on podiums, don't forget to watch the 2020 Olympics from Tokyo from July 23 until August 8 this summer.

In the meantime, enjoy these Olympic jokes. . .

*Q: What kind of phone does an Olympic gymnast use? A: A flip phone*

*The dedication of Olympic gymnasts amazes me.  
They really bend over backwards for their country.*

*There was some controversy in the sports world this week, when they allowed some athletes to try out for the Olympic gymnastics team more than once. I thought it was just revaulting.*



# **Sokol Spirit Officers & Delegates**    **June 2, 2021 - June 1, 2022**

## **Executive Board**

President – Adam Wilt  
1st Vice President – Cassie Croft  
2nd Vice President – Carol Shrofe  
Treasurer – Jenn Baran  
Secretary – Howie Maskill  
Financial Secretary – Dorothy Becker  
Membership Director – Lindsay Kostecki  
Information Technology Director – Bob Barcal  
PR/Marketing Director – Kristen Kempson  
Educational Director – Vera Wilt  
By-Laws Director – Linda Baran  
Comptroller— OPEN

Physical Director – Alix Fron  
Building Management Committee Director – Mark Shrofe

## **Board of Instructors**

Physical Director – Alix Fron      Assistant Director – Kathy Barcal  
Secretary – Dorothy Becker

## **Standing Committees**

Building Management Committee  
Chairman – Mark Shrofe  
2020 – 2022 Term: John Bazata, Alex Maskill, Howie Maskill & Mark Shrofe  
2021 – 2023 Term: Bob Barcal, Jim Hedderman, Eric Kostecki & Ryan Shields  
At Large Members: Elmer Kulousek, John Tooke, Peggy Ulrich & Adam Wilt (Ex-officio)

Audit Committee: Ashley Croft, Mary Novak & Diana Rhoades

Budget & Finance Committee  
Jenn Baran, Bob Barcal, Dave Kakareka, Kevin Rutkowski & Adam Wilt

Falcon Key Club Chair: Barb Bossany      Newsletter Editor: Kathe Pajer-Heetel

Sunshine Chair: OPEN      Exhibition Ad Book Chair: Barb Bossany

Webmaster: Kristen Kempson & Adam Wilt

## **Delegates to Affiliate Organizations**

Central District: Ellie Babka, Bob Barcal, Kathy Barcal, Howie Maskill & Adam Wilt

Brookfield Chamber of Commerce: Bob Barcal, Kathy Barcal & Vera Wilt

Bohemian National Cemetery: Angie Bultas, John Tooke & Meribeth Tooke

Czechoslovak American Congress: Barb Bossany & Adam Wilt

Tabor Hills Nursing Home: Angie Bultas & Carol Rocush



## Grow Getters — April 24

This spring we hosted a gardening themed event, called Grow Getters. With experts and beginners alike, we met for an afternoon and talked about all things gardening. From how to prep the soil, to which plants grow best in certain climates/areas, to even some “expert” level tips for the pros in the room. Special thanks for Vera Wilt and Carol Kala for helping to plan, organize and execute the event. It was wonderful to get together and catch up with each other and come together to learn more about home gardening. Sokol Spirit definitely has some green thumbs in our membership!



## Painting Social — May 27

On Thursday evening, May 27th a group from our women's class gathered to celebrate the end of a successful Sokol despite the odd year we had due to the pandemic. We had a painting social led by Andrea Vachata from Sokol United. Everyone brought their own item to paint and we enjoyed snacks, drinks and lots of laughs! Thank you to everyone who participated and a HUGE shout out to Andrea Vachata for your time, talent and patience! We hope to have another paint social in the winter possibly painting ornaments! Stay tuned! NaZdar!



**History of Sokol buildings:** Bro. Jim Hantak writes: As promised here is a photo of the present day Sokol Edwardsville building. It's now an Airsoft, paintball and skateboard shop. I did not go inside because none of those things interest me and I was sure that the totally rad people inside probably couldn't help me with the building's history. Nevertheless the structure does have a Sokol stamp on it.



**Q:** Do you know where the first Winter Olympics were held? **A:** In the snow.



## 2021-2022 Sokol Spirit Executive Board



If you missed the Annual meeting in June, please see the agenda and meeting packet on our website, click on "Membership", and then "Unit Meeting minutes".



# Have you heard...?

Tell us about Sokol Spirit member news:  
[SPIRITNEWS@HOTMAIL.COM](mailto:SPIRITNEWS@HOTMAIL.COM) ~ 708.370.7335

We are saddened to inform you that long time Sokol member **Bro. Roy Zitny** passed away in March. Brother Roy was a very active 74-year Sokol member, former American Sokol President, and President of Sokol Brookfield and then Sokol Spirit. Brother Roy will be dearly missed.. Please join me in extending our sympathies to Roy's wife Vlasta, Christopher and Deborah Zitny, Russell and Kathryn Zitny, and their grandchildren and great grandchildren.

We are also saddened to inform you that long time and very active Sokol member **Sis. Doris Barda** has passed away on May 31. She was 96 years old and was a Sokol member for 50 years, since 1971!! She loved being part of Sokol and always loved getting together at lunches, Membership meetings and, of course, exhibitions to see everyone. Keeping up with Czech traditions was always a must including tapping her foot to the marches. There will not be a service for Sis. Barda as per her wishes, but if people wanted to donate in her honor she would love to see help being sent to the Sokol Spirit. The family is going to do a RED balloon release for her on Sept 19th at 9:19am, and you are welcome to participate from the comfort of your own homes. Feel free to play your Sokol marches in the background and eat a Czech meal after. Their family does this in memory of Bro. Jon Rus every year and Sis. Barda really enjoyed it! Please join me in extending our sympathies to Sis. Barda's family.



← Happy belated birthday to **Sis. Blanche Wostratzky** who celebrated her 95th birthday on March 23. She celebrated with her immediate family with lunch at Bohemian Crystal (where else??). It was her first restaurant experience out since Covid began. She still talks often about Sokol and her caregivers are aware of her love of her Sokol activities! Happy birthday!

And Happy 50th Anniversary to **Sis. Dorothy Becker and Henry Becker!** Their big day was May 30, and they celebrated their big day with their family in Hawaii. Congratulations to the lucky and happy couple!

## World Beer Club— July 16, August 20, September 17



Mark your calendar now and join Sokol Spirit once a month as we enjoy the vast variety of the beers from around the world. \$10 cover charge per participant (must be 21 or older) includes a flight of 6 beers. Each month will feature beers/tasters from a different region or with a unique theme. Beers will be rated by all tasters. Receive a punch card to earn a free flight. Food will not be provided until further notice. Be part of the "Club": WBC glasses available: \$5. **July's theme: Mystery!** Please social distance and do not bring food to share. If you haven't joined us yet, give WBC a try! You'll enjoy the company and the beer!



### ~ MEMORIAL FUND ~



In memory of Bro. Richard Ptacek  
*from Chuck Ptacek. . . . \$40.00*

In memory of Sis. Caroline Johnston  
*from Lorainne Cerny. . . . \$25.00*  
*from Marilyn Michyeta. . . . \$25.00*



In memory of Bro. Roy Zitny

*From Christopher and Russell Zitny families and friends. . . . \$200.00\* (to Sokol Spirit Juniors)*

*from Sue and Kenneth Kozekla. . . \$100.00 from Paul Lebloch. . . \$100.00*

*from Lorraine Hynek. . . \$50.00 from Ellie Babka. . . . \$50.00 from Sam and Sue Seiffert. . . \$50.00*

*from Meribeth and John Tooke. . . . \$25.00 from Helen Sevcu. . . \$25.00*

*from Marie Ptacek. . . \$20.00 from JuliAnn Barcal. . . \$20.00*

In memory of Sis. Doris Barda

*from Heidi Masek Streetman. . . \$50.00 from Meribeth and John Tooke. . . . \$25.00*

### ~ NEWSLETTER FUND ~

In memory of Bro. Roy Zitny

*from Helen Sevcu. . . \$25.00 from JuliAnn Barcal. . . \$10.00*

**Please send any Memorial Fund and Newsletter Fund donations to the address in the footer on the front page.**

*I like how they light the Olympic torch near Athens, and then it stays lit all the way to the opening ceremony. I guess it's hard to put out a Greece fire.*



## Brookfield Farmer's Market Summer 2021 — July 10 & 24, August 7, 14, 21 & 28, Sept 11



The farmer's market is BACK in full swing and Sokol Spirit will be there again this summer to support the community and promote our programs. We attended the opening Market day on June 5 and it was confirmed that over 800 people visited!

We could use some Spirit members to help work our booth throughout the summer. It runs from 8-1 on Saturdays by the Village Hall in Brookfield. Please feel free to email Cassie Croft at [bombage2@aol.com](mailto:bombage2@aol.com), if you'd like to volunteer! You can also sign up here!

<https://www.signupgenius.com/go/805094da9a92ea4fa7-brookfield2>

## Men's Summer Softball — Janura Park (Berwyn)

JUNE 21ST MONDAY 7:45 P.M.—Field A

JULY 14TH WEDNESDAY 7:45 P.M.—Field B

JUNE 23RD WEDNESDAY 7:45 P.M.—Field B

JULY 19TH MONDAY 8:45 P.M.—Field C

JUNE 28TH MONDAY 8:45 P.M.—Field C

JULY 21ST WEDNESDAY 8:45 P.M.—Field C

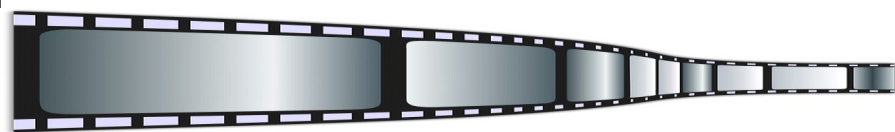
JULY 12TH MONDAY 8:45 P.M.—Field A

AUG 2ND MONDAY 8:45 P.M.—Field C

Bring a bag chair and a cold beverage and come cheer on our Sokol team! Win or lose, the team meets up after the game at the Fill-Up Station in Berwyn (on Ridgeland). (If you want to check if the game is rained out before you head out, call 708.484.6699 call after 5pm on game night). Hope to see you cheering on the team!

**From our Financial Secretary:** 2021 Sokol Spirit directories are now available. Any member who wants a directory should call or message me and I will send them out. Just please text 708-715-2421 or email [BeckerD9749@SBCglobal.net](mailto:BeckerD9749@SBCglobal.net). Sis. Dorothy Becker, Financial Secretary

## Presenting the 2021-2022 Czech Film Series



Join us on the **3<sup>rd</sup> Friday of the Month**

for our Czech Film Series and World Beer Club! The Czech films start at 7pm in our Czech classroom upstairs and with

donation of \$5 you get a free pilsner, pop, or water. (Films have English Subtitles). Mark your calendars now for these 2021 films—all film descriptions are on the website or will be included in the August issue of SpiritNews.

September 17: THE GOOD SOLDIER SVEJK...100-year celebration of the book (1957)

October 15: BLACK PETER/Černý Petr (1963/2004)

November 19: THREE NUTS FOR CINDERELLA/Tři oříšky pro Popelku (1973)

Q: Can a fencing champion born in France, but raised in the US, represent either country?

A: Yes, because they have dual citizenship

Q: What did the Olympic size swimming pool say to the kiddie pool?

A: I can't be your friend anymore. You're just too shallow!

*Former Olympic skier Picabo Street donated money to a local hospital. In gratitude, the hospital named their emergency ward after her-- it's now the Picabo ICU.*



### Recurring meetings

First Wednesday

All members welcome to the Unit meeting!

Sokol Spirit Unit Meeting 7:30 pm

*Unit meetings return with the September 1 meeting.*

*All meetings will be virtual/remote meetings until further notice.*

*Check your email or the website for Zoom links.*

### July & August:

**July 3:** Sokol Spirit marches in the Brookfield 4th of July Parade. Line-up: 8:30am, Kick-off: 10am. Line-up location and more info to come.

**July 10 & 24, August 7, 14, 21 & 28, Sept 11:**

Brookfield Farmers' Market

(email [bombage2@gmail.com](mailto:bombage2@gmail.com) to volunteer)

**July 16, August 20:** World Beer Club 8pm

Watch for information on our website or by email.

*Stay well everyone!*



Don't forget to check in at the gym: [www.facebook.com/sokolspirit](https://www.facebook.com/sokolspirit)

### Choose "Smile"

As you do your online shopping, you may be asking:

**How can I easily support Sokol Spirit?**

We've got the answer for you:

*Amazon Smile.*

Go to [smile.amazon.com](https://smile.amazon.com), choose "Sokol Spirit" as your charity, and then shop as you normally would. Sokol Spirit gets a portion of the sale.

Remember to use *Amazon Smile*, and tell your family and friends about it, too.



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