



3909 S. Prairie Avenue
Brookfield, IL 60513-2143

April 2023

Moving? Please let us know your new address!
Contact: Dorothy Becker
340 Lake Shore Drive North
Barrington, IL 60010-3425 BeckerD9749@SBCglobal.net

Check out our website:

www.sokolspirit.org

From our President,
Sis. Kathy Barcal



Happy St. Patrick's Day and Welcome Spring!

Our winter/spring session is in full swing with much success! This is in part due to all of you, our participants, members and many volunteers! Thank you for supporting Sokol Spirit and being a part of our Sokol family.

All members are invited to attend our monthly meetings on the first Wednesday of every month starting at 7 p.m. with a social and the meeting at 7:30 p.m. Don't forget every third Friday of the month is our Czech movie series at 7:00p.m and also our beer club that begins at 8:00 p.m. Last month our class participants competed in the Sham Rockin' & Rollin' Gymnastic meet that was held at Sokol USA Lodge 306. Thank you to all of those that volunteered at the meet. Congratulations to all of our participants! There will be more gymnastic meets in May so be on the look out for this information.

Sokol Spirit will be hosting a Family Fun Fair to be held on Saturday, April 22, 2023 for all of our members and families! Stay up to date on events by checking out our website at www.sokolspirit.org Click on the calendar for the full year of events! The Central District will be holding a Portillo's fundraiser on April 5, 2023. Watch your emails for further information.

You can stay up to date by checking out not only Sokol Spirit's website and Facebook page, but the Central District of American Sokol at www.cdsokol.com and the American Sokol website at www.american-sokol.org

Thank you to everyone who continues to support Sokol Spirit! Wishing you the best that this season has to offer! Happy Spring!

Nazdar!

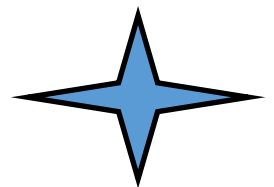
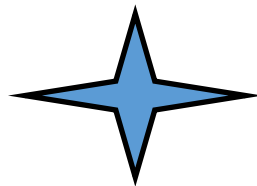
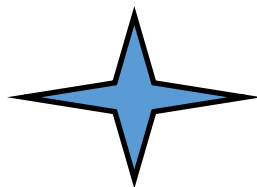
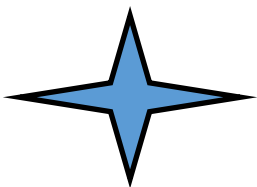
Kathy Barcal

TRIVIA NIGHT 2023



Meet the Trivia Night 2023 WIN-NERS!!!! Congratulations Red Team

	Blue	Lime	Light Blue	Green	Red	Rose	Purple	Yellow
The Office	9	14	14	12	12	8	14	7
Burs	8	1	14	12	11	4	14	9
Cars	10	17	18	16	18	10	18	12
Homes/Holmes	16	19	18	14	18	16	14	10
Cords/Chordes	14	16	16	18	16	16	16	12
Football/Futbol	16	19	20	16	16	22	17	8
Sonens	7	12	29	16	10	9	27	7
Birthday	11	11	13	13	9	13	9	11
St. Patrick's Day	7	1	8	9	10	10	10	8
Christmas Cities	6	4	9	10	8	9	10	11
TOTAL	104	146	159	159	174	115	160	94
Rank	7	5	3	3	1	6	2	8



Although the competition was 'heated', Bro. Howie Maskill won the Chili Cookoff at the January World Beer Club event. Thanks to all who brought their famous recipes to share. They all tasted great and hit the spot on a cold January night, along with a well-crafted flight of

We hope you had a chance to “flip” out over the fun, friendship and great food at this year’s Pancake Breakfast. Thank you to all who either came out, purchased tickets or cracked a few eggs. We can’t do it without you!!



What do you do after you eat 2 plates of pancake, eggs & sausage?? If you’re in Sokol, you play Volleyball!!! Below are your 2023 winners of the “Flapjack Open”. A blind draw tournament (not based on how much you ate) held immediately following clean up of the Pancake Breakfast. Your winners are (left to right) Howie Maskill, Jeremy Pros, Ken Fron, Tim Pachla and Jessica Rus. Well done!!!





Sunday, April 30th, beginning at 11am, come join us to celebrate us. We will gather for fun, fellowship and of course, food. We congratulate all, but will have special recognitions for some. We thank you for being part of our organization & hope you can come out & have Brunch with us. Register to attend on our web page or follow the link below. RSVP by April 15th.

<https://sokolspirit-612637.square.site/>



February Wheels Competition

Our brave, fun loving wheels class competed with great results. In the Easy compulsory division Kai Bauer took 4th Place and Liam O'Toole took 1st. In the Har compulsory Mac Czerwinski took 2nd Place. Congratulations to those who placed and to all who participated. Keep on rolling.

On March 18th, 16 Girls and 5 Boys from Sokol Spirit participated in the Central District Sham Rockin' and Rollin' Gymnastics Meet. The competition was held at Sokol USA Lodge 306. The girls competed on Balance Beam and Uneven Bars and the Boys competed on High Bar, Rings, Parallel Bars, and Pommel Horse.



Results

Sokol Spirit Female Competitors						
Level	Age Division	Name	Place	Uneven Bars	Balance Beam	Total Score
Bronze	5 years old	Charlotte Pros	5th	8.15	4	12.15
Bronze	6 to 7	Lillian Bakula	1st - Tie	9.35	7.6	16.95
Bronze	6 to 7	Marianna Ceredon	3rd	8.25	8.15	16.4
Bronze	6 to 7	Vivian Harris	9th - Tie	7.2	8.45	15.65
Bronze	6 to 7	Teegan Langele	9th - Tie	7.8	7.85	15.65
Bronze	6 to 7	Alexis Fox	11th	8.4	6.45	14.85
Bronze	8 to 9	Eleanor Ewell	6th	7.8	8.95	16.75
Bronze	8 to 9	Angelica Marquardt	10th	7.7	8.25	15.95
Bronze	10 to 11	Adell Kuser	4th	8.75	8.95	17.7
Bronze	10 to 11	Adeline Schmidt	6th	8.4	8.8	17.2
Bronze	12 to 14	Anna Pachla	1st	8.8	8.9	17.7
Bronze	12 to 14	Sabrina Krivak	2nd	8.75	8.75	17.5
Silver	6 to 7	Genevieve Chase	1st	8.9	7.95	16.85
Silver	6 to 7	Penelope Pros	2nd	8.6	5.95	14.55
Silver	6 to 7	Riley O'Connell	3rd	8	5.55	13.55
Silver	10 to 11	Leilany Padilla	4th	8.3	6.55	14.85

Sokol Spirit Male Competitors								
Level	Age Division	Name	Place	Pommel Horse	Rings	Parallel Bars	High Bar	Total Score
	1 8 to 9	Max Muzzey	2nd	7.8	7.9	6.4	6.9	29
	1 10 to 11	Jimmy Pachla	1st - Tie	8.9	7.5	7	8.7	32.1
	3 6 to 7	Aiden O'Toole	2nd	8.6	7.9	8	5.9	30.4
	3 8 to 9	Liam O'Toole	1st	8.4	8.4	8.3	6.9	32
	3 8 to 9	Elliot Deibert	2nd	7	6.6	7.7	6.2	27.5

We will have the sokol spirit booth up at the market this year on the following dates:

June 17th



July 15 & 29



August 5 & 19



September 9th



We love seeing familiar faces at the market so please stop by and visit! Volunteers are needed!!

MEMORIAL FUND

In honor of Sis. Millie Mentzer *from Paul Lebloch*. . . . \$50

In memory of Sis. Blanche Wostratzky

From Sophie Bozek. \$20

From Joan Podrazik. \$20

From Wanda Wagner. \$20

From Melissa Dropka. \$20

From Mary Bartunek. \$20

From Helen Sevcu. \$25

From Pat Satek. \$25

*From Susan and
Terrance Collins*. \$25

*From Warren Mark and
Tina P Flodin*. \$25

From Ray & Marilyn Lutha\$25

From Marilyn Michyeta. \$30

From Eileen Zittnon. \$30

*From Marie Ptacek, Lynne
Goodridge, and Jacki Rada*. \$30

From the Mario Mongello family. . . \$50

From Marge Amlie. \$50

*From the Budz family: Bill, Debbie,
Jennifer and Christine*. \$50

From Mr. and Mrs. Monte Schoer. . . \$50

From Janice Maxson. \$50

From Gary Lang. \$100

From Pamela Kaloustian. \$100

*From the Andersen family:
Marie, Jim, Scott and Amy*. \$100

From James and Susan Kezios. \$100

*From the Vondra family:
Barb, Bev, Jerry, Russ and
Audrey and Vince Austrevich*. \$100

From Ellen Duvall. \$100

From Mr. and Mrs. Anton Lang. . . . \$100

From the Becker family. \$100

From Debra and James Hutchins. . . \$200

From Willette Lang. \$200

In memory of Sis. Marie Ptacek

From Ray & Marilyn Lutha\$25

From the Blanche Wostratzky family. \$50

From Chuck and Dorothy Ptacek and family. . . \$100

*From Lynne Goodridge, Richard Ptacek
and Jacki Rada and families*. \$150

ADA FUND

In memory of Sis. EllenJeanne Schnabl

From John and Meribeth Tooke. \$25

In memory of Sis. EllenJeanne Schnabl

From Thomas and Marilyn Vicker. \$30

From Mark and Mary Novak. \$100

From Don and Sue Jenicek. \$100

In memory of Sis. MaryAnn Satek

From the Blanche Wostratzky family. \$50

In memory of Sis. MaryAnn Satek, Sis. Blanche Wostratzky,
Sis. EllenJeanne Schnabl and Sis. Marie Ptacek

From Elaine Zitko, Jerry Zitko, and Susan Zitko D'Andrea. . . \$150

From the Family of Blanche Wostratzky

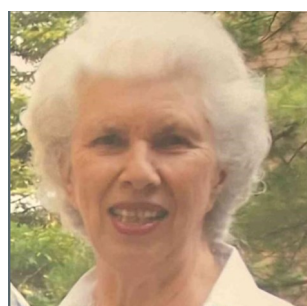
Sokol Spirit – We cannot thank you and the members of Sokol Spirit (and other units) for taking the time out of your busy schedules to pay tribute to our mom at her wake. Her grandchildren and great grandchildren enjoyed hearing the stories, memories and accomplishments of our mom.

As we clean out our mom's apartment, we cannot open a drawer or closet without finding photos, newspaper clippings, pins, medals, jewelry, mementos and t-shirts (lots and lots of t-shirts!). One of her Sokol medals is dated 1942!

Please thank the entire Sokol family for their support and love at this time.

Our sincere thanks, Janice, Rick and Don – Family of Blanche Wostratzky

On a personal note, this Editor has very fond memories of Miss Blanche. As a struggling instructor of 2nd Class Girls, many years ago, Miss Blanche gave weeks of her time coming out to make sure the girls were more than ready for all competitions. From Rhythmics to Gymnastics to just having fun, she was there anytime I called. I am more than confident that the extra help she gave each girl helped them in some way. I know my daughter was extremely fond of her and listened to anything she had to say. She could encourage them like none other. I thanked her then & will continue to have only the best memories of the time she had to give not only to her Unit, but to each child therein. THANK YOU MISS BLANCHE.



In Memoriam Sis. EllenJeanne Schnabl July 15, 1930-December 14, 2022

Sis. EllenJeanne Schnabl spent countless hours doing what she loved at Sokol Berwyn. In the early 1950s, she was a member of the American Sokol gymnastics team, traveling and competing around the country. She maintained a scrapbook that documents success in the championship division and includes both gymnastics and volleyball accolades.

Upon entering the women's class, she began her long tenure teaching nearly every age group. The Tots program did not exist in the Sokol system until EllenJeanne began it in the early 1960s; it continues to be a very popular choice for families with young children. As an instructor, she was strict, but caring. She strived for excellent form, discipline, and respect as the cornerstones of success.

As a proud Sokol, Sis. EllenJeanne became involved with the Board of Instructors as well as the administrative side of the organization at the unit, Central District, and American Sokol National levels, holding several offices. She was eventually named Honorary National Women's Director. As Educational Director, she provided regular Sokol history lessons, created a Czech songbook with Sis. Lorraine Zdenek, and the pair also launched the National Sokol Library, currently housed in the National Office in Brookfield, IL.

Sis. EllenJeanne wrote many sets of calisthenics, apparatus routines, and special numbers for children, juniors, and seniors. Some were independent pieces, but others were a collaborative effort. She worked with Sis. Mildred Prchal, her husband, Bro. Ed Schnabl, and with Sis. Lorraine Zdenek and Sis. Ellie Babka as live accompanists on the piano.

Her most proud work was likely to have been one particular calisthenics that was performed nationally and internationally; it was a piece that included a "wave" where groups of 8 would bend their line forward and then backward. On the field, it was beautiful with a foundation in ballet, and it was the creative genius of Sisters Prchal and Schnabl with orchestral backdrop.

Whether one looks at instructors' courses, judging clinics, competitions, calisthenics, Sleti, protocols, by-laws, or even uniforms, Sis. EllenJeanne left an indelible mark on the American Sokols, and she loved that she was a part of something so special. She was proud of her Czech heritage and even more proud of Sokol and its ideals.

Besides her Sokol work, Sis. EllenJeanne spent time with her daughters' PTA, enjoyed traveling to our National Parks with her family, dancing, reading, crossword puzzles and visiting with her family. After moving to northern Wisconsin, she worked as a volunteer with Bro. Ed at the local grade school and continued to use her Sokol background. She became a part of a senior exercise group, and then took over as the leader of the "Lively Limber Ladies".

Sis. EllenJeanne Schnabl passed away peacefully on December 14, 2022 while in the care of the Bohemian Home at the Tabor Hills Healthcare facility. Private interment with family was held at the Bohemian National Cemetery. She is survived by her daughters, Sis. Diana Rhoades (Bro. Bruce), Sis. Anita Skotnicki (Doug), her grandchildren, Bro. Kyle Rhoades (Chris), Bro. Keith Rhoades (Katie), Kerri Hembrey (Alex), Kelly Cline (Kendrick), and great grandchildren Logan, Gavin, and Lincoln.

Fly, You Sokol, Fly On High...



WISHES to THANK YOU for

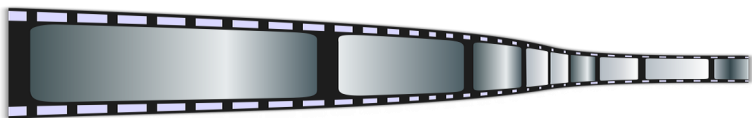
donating to the stage “giving” tree filled with warm items for the Secret Santa Program, a social service arm of the Pillars Community Health (renamed after the merger of Community Nurse Health Association and Pillars) which takes care of local residents through health center services; behavioral health and support services; early childhood educational services; domestic and sexual violence services; and prevention and health education outreach. There are over 1,000 children who attend and are served by the pediatric, well baby, and dental clinics on a documented need basis...and these are for whom the Secret Santa program is targeted. Find more information @ www.pillarscommunityhealth.org about services, volunteering, or becoming involved.

The following items were delivered on December 17, 2022.

- 33 pairs of gloves and mittens
- 1 Set mittens and matching hat
- 2 Sets gloves, scarf, and matching hat
- 11 Sets gloves, and matching hat
- 13 pairs of socks
- 6 hats
- 1 pair of Youth Snow boots
- 16 Scarves
- 3 Headbands
- 1 Set gloves and scarf
- 1 Set gloves and headband
- 114 Individual items!

ONE OF THE BEST IN RECENT YEARS! Sokol Spirit is very proud that this is the 22nd year of giving and we remain on the top 10 list for the Secret Santa program. It is nice to see a not-for-profit like Sokol Spirit giving to another not-for-profit during these economic times when government funding is cut back for these local programs. This year the collection is handled by the LaGrange Rotary with storage at the LaGrange Park District Building on East Avenue near 47th Street.

NAZDAR! Thanx for making the Holiday Season a special one for those less fortunate than we are!



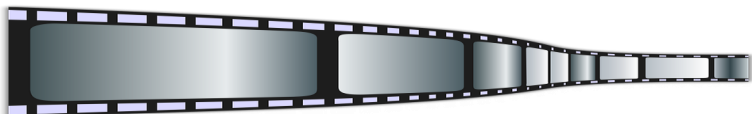
2022-23 Educational Line-Up of Czech Film Classes (English Subtitles)

on the 3rd Friday of the Month to coincide with the Sokol Spirit World Beer Club which starts at 8pm! The Czech films start at 7pm in our Czech classroom upstairs and with donation of \$5 you get a free pilsner, pop, or water. Our Czech language instructor will be introducing you to all the film background and will be there to answer questions. This is our 10th season! Mark your calendars now!

April 21 He Stood at the Register/Cash Claim Chaos (U poklady stal) 1939/1951; 101 Minutes; GP; Comedy. The last film title, which director Karel Lamač made just before emigrating from his Nazi-threatened homeland (Czechoslovakia), was a double comedy starring Vlasta Burian. In the film, the popular comedian played the hospital nurse Kryštof Rozruch, who, thanks to a confusion with his superior, the respected mayor Mark, obtains a spa stay from the health insurance company. In the Rochov (Central Czech Republic) spa, the nurse meets the real Mark, who, on the other hand, pretends to be Ruby in front of his girlfriend Heda to test the power of her selfless love... The comedy full of confusion provided Burian and his colleagues with plenty of opportunities for improvisation.

May 19 Howling with the Angels 2006; 60 Minutes; PG 13; Political drama When Hitler's Army marched into Czechoslovakia, a young Czech army captain joined the Resistance. But he had a secret no one knew..until now. In March 1939, Hitler's army marched into Prague, Czechoslovakia. Jan Bodon, a young captain in the Czech Army – who also happen to be blond-haired, blue-eyed and fluent in German – was “asked” to join the Nazis. He promptly fled and joined the Czech Resistance Movement instead and was selected to help in the assassination of Reinhard Heydrich, the “Butcher of Prague.” In this powerful documentary directed by Jan's son, Jean Bodon uncovers the truth not only about Jan's wartime experiences, but also discovers that his father was secretly a Jew in a country which underwent one of the largest extermination campaigns of the war. The assassination led to the Lidice massacre...an escape goat....In Illinois we remember this each May/June at the Lidice Commemorative Park in Crest Hill, a sister city.

More information about the whole line-up is on the Sokol Spirit website. Sokol Spirit's Education Committee reserves the right to change movies due to circumstances beyond their control.



Don't forget: World Beer Club follows in the building's lower level starting at 8pm!

World Beer Club – April 21st & May 19th

Join Sokol Spirit every 3rd Friday of the month as we enjoy the vast variety of the beers from around the world. \$10 cover charge per participant (must be 21 or older) includes a flight of 6 beers. Each month will feature beers/tasters from a different region or with a unique theme. Beers will be rated by all tasters. Receive a punch card to earn a free flight. Be part of the “Club”: WBC glasses available: \$5. If you haven't joined us yet, give WBC a try! You may enjoy the company more than the beer! :)





Recurring meetings resume! All members welcome to the Unit meetings!

First Wednesday

Sokol Spirit Unit Meeting 7:30 pm

April 21st: Czech Film Event 7pm, World Beer Club 8pm

April 22nd: Family Fun Night

April 30th: Membership Brunch

May 19th: Czech Film Event 7pm, World Beer Club 8pm

May 21st: Central District Sokol Day

Save the Dates:

June 7th: Annual Membership Meeting

June 16th: World Beer Club

Watch for information on our website or by email. All events at Sokol Spirit unless otherwise noted.

Stay well everyone!



Don't forget to check in at the gym: www.facebook.com/sokolspirit



3909 S. Prairie Avenue
Brookfield, IL 60513-2143

NON-PROFIT OR
U.S. POSTAGE
PAID
PERMIT NO. 134
BROOKFIELD, IL



FAMILY FUN FAIR

April 22, 2023 | 4pm to 6pm

SOKOL SPIRIT | 3909 PRAIRIE AVE.
BROOKFIELD, IL

GAMES / CONCESSIONS
FUN FOR THE WHOLE FAMILY!



ADMISSION: \$5

PARENT
VOLUNTEERS
GET FREE
ADMISSION

FREE FOR SOKOL SPIRIT
YOUTH CLASS PARTICIPANTS



Czech Language Classes 2022-23

REGISTRATION/PAYMENT FORM

PLEASE CHECK ALL THAT APPLY

Based on CDC guidance and students, classes may be held via Zoom

Basic Conversational Czech - Monday Mornings from 10 AM to 11:30

• **Session III – 10 weeks, April 3 to June 12, 2023 - \$160** _____ \$ _____

Intermediate Conversational Czech – Wednesday Evenings 7PM to 8:30

• **Session III – 10 weeks, April 5 to June 14, 2023 - \$160** _____ \$ _____

*** Part Time enrollment available with advance approval of teacher & notice of dates. Must register for the reduced # of classes upfront.**

Part Time enrollment # _____ classes X \$16 \$ _____

• **Private Lessons # _____ Contact us for rates** \$ _____

• **Translation/Interpretation # _____ @\$30/hr =** \$ _____

TOTAL \$ _____

Registrant

Please print clearly

Today's Date _____, 20__

(Last & First Name) _____

Address _____

Town _____, State _____ Zip _____

Home phone ____/____ Cell phone ____/____ Are you on Facebook? Y / N

Best time/phone to leave a message _____

E-mail _____

Form of Payment for class/session:

_____ Check # _____, Bank _____;

_____ Cash \$ _____

_____ Credit card add \$5 fee - Contact Educ. Dir. Vera Wilt 708-268-9350 to pay by card

Classes are held in the 2nd floor classroom (not handicap accessible) or via Zoom-as needed

SOKOL SPIRIT, 3909 South Prairie Avenue, Brookfield, IL 60513

Sokol Spirit is a not-for-profit 501(c)3 corporation - incorporated in Illinois