



3909 S. Prairie Avenue  
Brookfield, IL 60513-2143

**June 2025**

Moving? Please let us know your new address!  
Contact: Dorothy Becker  
340 Lake Shore Drive North  
Barrington, IL 60010-3425 [BeckerD9749@SBCglobal.net](mailto:BeckerD9749@SBCglobal.net)

Check out our website: [www.sokolspirit.org](http://www.sokolspirit.org)

From our President,

Sis. Kathy Barcal

WOW! Where has the Sokol year gone? It seems like just yesterday we were starting our new Sokol year! We hope that everyone had fun and enjoyed their time in our classes and at our events throughout the year. We could not have had so much fun, enjoyment and success without the support of our members, families and friends! Děkuji!

A huge shout out to our Board of Instructors for all your time and hard work all year to keep our classes running so smoothly and successfully. Thank you, Lauren Wilt, our physical director for leading and guiding the Board of Instructors this year. Thank you also to Tricia Rini for assisting Lauren and our BOI during the year. Thank you to the entire BOI for your continued hard work and time with all of our classes. We will be having classes over the month of June in preparation for the XXV American Slet. Watch your emails for further correspondence.

Thank you to our Building Management Committee that have kept our building secure and tidy all year long! Thank you to all of the members who have volunteered their time to clean, fix and prepare our building for classes and events. This committee will be working hard over the summer to get our building ready for the start of a new Sokol year in September!

Finally, I would like to thank the Sokol Spirit Executive Board for 2024-2025! I am grateful to be surrounded by devoted and diligent individuals who truly represent the spirit of Sokol! I appreciate all the time and dedication you all have given to Sokol Spirit.

Our Sokol classes have ended for the year, but we will continue to offer our Wheel classes over the summer. The classes will run from May 21 through August 25 on Wednesday evenings. Please check our website or Facebook and Instagram pages to obtain further information. Also, plan to join us for the XXV Slet here in the Chicagoland area at the end of June. This event doesn't land in our backyard very often so we hope you will take part in as much as you can. More information is listed in this newsletter.

We will be at the Farmer's Market over the summer so stop by our table to say hello! Sokol Spirit will be participating in the Brookfield, Fourth of July parade. We would like to invite all class participants and members to join us!

SAVE THE DATE! Saturday, September 13 for our annual Oktoberfest! It is always a great way to begin a new Sokol year! Check our website in August for registration information. Also, be sure to check out the calendar for events, etc. that are happening in 2025-2026 on our website!

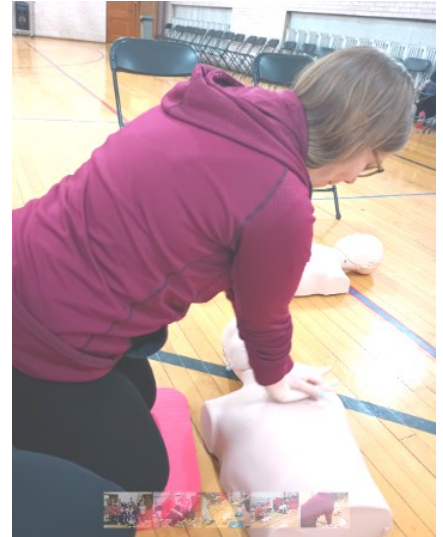
Have a happy, safe and fun filled summer with your families and friends! Nazdar!



## CPR recertification and training – March 29th.



No, our Tot's class is not growing in a few years with the babies featured in this photo. Our Sokol Spirit coaching team participated in CPR recertification and first aid training through Code Red Solutions, LLC. The certification is good for two years and coaches have access to the book with all the trainings, so they can keep refreshing all year round.



## Bro. Paul Lebloch Celebration of Life – May 18



Many friends came together to celebrate the great life of Bro. Paul Lebloch. Thank you to American Sokol President Bro. Adam Wilt for coordinating the event, and all who prepared speeches and made donations to make the event a special one.



See more at Many friends Central District facebook page: <https://www.facebook.com/share/v/1F6Hvj48mY/>



## Central District competitions – May 17 and Sokol Day – May 18

Congratulations to our Spirit girls who medaled in competition:

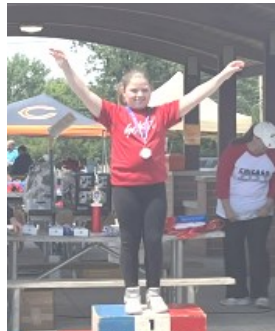
Riley O'Connell— Placed 1st in level Gold

Angelica Marquardt—Placed 1st in level Bronze

Marianna Ceredon—Placed 4th in level Bronze

Beatrix Duner—Placed 1st in level Bronze

Natalie Raygoza, Angelica Marquardt and Aisley Shields— Placed 1st as a team in level Bronze





## Sokol Spirit at the LaGrange Pet Parade – May 31



Happy  
Birthday  
to Spirit  
members  
with  
May,  
June and  
July  
birthdays!

### May

Timothy Boiko  
Tyler Kos  
Andy Lutha  
Keith Rhoades  
Thomas Zeman  
Jerry Zitko  
Matt Carlozzi  
Margaret Gilbert-Ulrich  
Wendy Gonzales  
Christina Kuckie-Roberts  
Gaby Lettiere  
Carolyn Morriss  
Diana Rhoades  
Debra Russell  
Susan Seiffert  
Abbi Togtman  
Jessica Valencia

### June

John Bazata  
Sam Fron  
Eric Kostecki  
Elmer Kulousek  
Ray Lutha  
Max Pajer  
Kevin Rutkowski  
Cosmin Stroe  
Kathy Barcal  
Janet Barker  
Amy Bazata  
Elizabeth Clark  
Denise Conway  
Debbie Croft  
Susan D'Andrea  
Julianne Hume  
Kathy Illingworth  
Kandi Pajer  
Tricia Pros  
Danielle Ring  
Cecilia Rokusek  
Michelle Spevacek  
Colleen Swinarski  
Amy Tudisco  
Amanda Urlaub  
Jacqueline West  
Vera Wilt

### July

Ken Nagel  
Nathan Will  
Marie Avery-O'Toole  
Theresa Bakula  
Jennifer Baran  
Linda Baran  
Angelica Jewett  
Carol Kala  
Tiffany Lyon  
Margaret Malazdra  
Jeannette Mata  
Sandra Morgan  
Rachel Reed  
Barb Bossany  
Kathryn Carr  
Bridget Ceredon  
Nora Cornejo  
Christine Fairbairn  
Pam Ferris  
Alix Fron  
Joyce Spreitzer  
Linda Young  
Michelle Davis  
Blanka Flosman  
Rachel Gregoire



And special shout-outs to  
Bro. Kulousek (happy 91st) and  
Sis. Flosman (happy 96th)!

## Brookfield Farmer's Market Saturdays in Summer 2025

Sokol Spirit will be here:

June 7

July 19

August 2, 9, 16

September 13



The farmer's market is back in full swing and Sokol Spirit will be there again this summer to support the community and promote our programs. This Saturday market is hosted at the Brookfield Village Hall parking lot 8am-1pm. Our unit has become a mainstay at the market, and our Wheels are always a treat for the market folks.

We need Spirit members to help work our booth throughout the summer. What do our volunteers do at the market?

- Set up/take down of our tent/table (There is help on-site)
- Speak to market goers about what Sokol is, what classes Spirit offers, social events and your own experience as a member. (Not sure of our class offerings or details? You'll have all the info at your fingertips at the booth!)
- Support other local businesses, enjoy the community, listen to live music

Please feel free to email Cassie Croft at [bombage2@aol.com](mailto:bombage2@aol.com), if you'd like to volunteer!



American Sokol is partnering with Noon Whistle for "Flight of the Falcon", a beer created exclusively for the XXV American Sokol Slet in Chicago in June. Join us for the launch! It will also be available at select Slet venues.

### ~ MEMORIAL FUND ~

In memory of Donna Gilbert *from Peggy Gilbert-Ulrich*. . . \$500.00

In memory of Bro. Paul Lebloch *from the Shrofe and Russell families* . . \$50.00  
*from Elmer Kulousek*. . . \$100 .00 *from Mark and Mary Novak*. . . \$500.00

In memory of Bro. Bob Nicklas *from the Shrofe and Russell families*. . . \$50.00

In memory of Bro. Marvin Lanzel *from Julie Barcal*. . . \$25.00

*From Progressive Insurance*. . . \$200.00

### ~ ADA FUND ~

*From Ellie Babka*. . . \$100.00 In Memory of Bro. Paul Lebloch *from John and Meribeth Tooke*. . . \$50.00

Please send Memorial, Newsletter and ADA Fund donations to the address in the footer on the front page.

*Join us for a Chicago-style celebration of fitness, friendship, and Czech heritage!*

# XXV AMERICAN SOKOL SLET CHICAGO 2025



WHERE TRADITION MEETS  
EXCELLENCE  
JUNE 25-29, 2025



## EVENT HIGHLIGHTS

- 5K Fun Run/Walk
- Volleyball Tournament
- Gymnastics Competition
- Pickleball Tournament
- Fitness Challenge
- Slet Performance
- Youth Day at Wintrust Sports Complex
- Slet Banquet
- Local Brewery Tour
- Chicago-Style Social
- Celebration Dance

...and more!

Scan QR code or visit  
[AmericanSokol.org/XXV-American-Sokol-Slet](https://AmericanSokol.org/XXV-American-Sokol-Slet)  
for registration, schedule & lodging details

Follow our journey: @AmericanSokol  
on Facebook & Instagram



# Including Sokol Spirit in Your Will or Trust

## ***What does it mean to bequeath to Sokol Spirit?***

A bequest to Sokol Spirit may take one of four forms and may be unrestricted or restricted as to purpose. Language reflecting unrestricted bequests allows Sokol Spirit to determine the best use of the funds at the time that they become available.

## ***Sample language for unrestricted bequests includes:***

**SPECIFIC BEQUEST:** (A specific bequest designates a fixed dollar amount or specific asset(s) to Sokol Spirit.) "I give to Sokol Spirit, 3909 Prairie Avenue, Brookfield, IL 60513, [\$\_\_\_\_ (dollars)] or [designated asset(s)]."

**PERCENTAGE BEQUEST:** (A percentage bequest designates a percentage of your estate to Sokol Spirit.) "I give to Sokol Spirit, 3909 Prairie Avenue, Brookfield, IL 60513, \_\_\_\_ % (percent) of my estate."

**RESIDUARY BEQUEST:** (A residuary bequest designates the remainder of your estate after all expenses have been paid and all specific bequests have been satisfied.) "I give [all] or [\_\_\_\_ % (percent)] of the residue of my estate to Sokol Spirit, 3909 Prairie Avenue, Brookfield, IL 60513."

**CONTINGENT BEQUEST:** (A contingent bequest designates a bequest to Sokol Spirit if other beneficiaries are not alive when your will takes effect.) "I give to \_\_\_\_\_ (name) the greater of \$\_\_\_\_ (dollars) or \_\_\_\_ % (percent) of my estate. In the event that he/she shall predecease me, I direct this sum, or percent, to be paid to Sokol Spirit, 3909 Prairie Avenue, Brookfield, IL 60513."

When a donor wishes the bequest to be utilized for a specific purpose, a restricted bequest is made, such as in the following statement: Restricted Bequest: "I give to Sokol Spirit, 3909 Prairie Avenue, Brookfield, IL 60513, the greater of \$\_\_\_\_ (dollars) or \_\_\_\_ % (percent) of my estate for the following purpose: \_\_\_\_\_."

***\*\*If you have an existing will, you can amend it with a codicil to include Sokol Spirit.***

NOTE: Sokol Spirit's tax identification number is **36-2250163**

For more information, contact Bro. Adam Wilt, Bylaws Director, at [adam.wilt@americansokol.org](mailto:adam.wilt@americansokol.org).



**Recurring meetings resume in Fall!**

First Wednesday Sokol Spirit Unit Meeting 7:30 pm  
All members welcome to the Unit meetings!

**June:**

**June 13:** Noon Whistle Event—800 E. Roosevelt Road, Lombard, IL. More info in this newsletter.

**June 20:** NO Czech Film Event or Beer Club — see you in the Fall.

**June 25 – 29:** American Sokol Slet (Chicago)  
Scan this QR code for event schedule and more information —>



**Save the dates:**

**July 4:** Brookfield Fourth of July parade 10am.  
Check emails for line-up time and location.

**September 3:** Spirit Unit Meeting 7:30pm—all are welcome!

**Week of September 8—12:** Sokol classes begin

**September 13:** Sokol Spirit Oktoberfest!

**September 19:** Czech Film 7pm and World Beer Club 8pm

*Stay well everyone!*



Don't forget to check in at the gym: [www.facebook.com/sokolspirit](https://www.facebook.com/sokolspirit)



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