



3909 S. Prairie Ave, Brookfield, IL 60513

www.sokolspirit.org

June 2026

From the President's Podium

Sis. Kathy Barcal



Sokol Spirit has had another blockbuster year! We would like to thank all of you, our members, volunteers, families, friends and neighbors for your continued support. We hope everyone had a great time in our classes and at all of our events throughout the year.

Our classes ran very smoothly due to the hard work of our Board of Instructors. Thank you to Lauren Wilt, our physical director for your time and dedication throughout the year. Thank you to Tricia Rini for assisting Lauren and our BOI during the year. At this time, I would like to thank our entire BOI for your continued time and hard work with all of our classes. Classes will resume in September. Please watch your emails for further correspondence.

Our building has been secure and clean due to the hard work of our Building Management Committee. Thank you to Adam Wilt for leading this committee all year long. Thanks to all members who have volunteered to fix, clean and prepare our building for classes and events. Over the summer, we will have a new boiler and a refinished gym floor.

A **HUGE** thank you to the Sokol Spirit Executive Board for 2025 - 2026! I am very appreciative to all of you for your dedication, time and hard work you all gave to Sokol Spirit. I look forward to working with you all in the upcoming Sokol year!

Over the summer, we will have a tent at the Brookfield Farmer's Market. The market is on Saturdays, 8 a.m. - 1 p.m. We will be there on the following dates: 7/18, 8/1, 8/15, 8/22 and 9/12. Check out the sign up by scanning the QR code below. Be sure to stop by our tent to say hello!

SAVE THE DATES! Please join us to march in the Brookfield Fourth of July Parade. An email will be sent out with the line up information. Our Oktoberfest will be held on Saturday, September 12th from 3 p.m. - 10 p.m. Check out our website in August for registration information and our calendar of events that will be happening in 2026 - 2027.

Wishing you all a safe, joyful and refreshing summer! **Děkuji!**

Nazdar!



Presenting your 2026-27 Sokol Spirit Executive Board



President – Kathy Barcal
1st Vice President – Cassie Croft
2nd Vice President – Sarah Heth
Treasurer – Jenn Rutkowski
Secretary – Kathe Heetel
Financial Secretary – Dorothy Becker

Membership Director – Howie Maskill
PR/Marketing Director – Alix Fron
Educational Director – Vera Wilt
By-Laws Director & BMC Chair – Adam Wilt
Physical Director – Lauren Wilt
IT Director – Bob Barcal

MEMORIAL FUND DONATIONS

In Memory of William Kostecki—From M. Beyes

In Memory of Michael May—From Arthur Placek & Family

In Memory of Robert D. Satek—From Pat Satek

In the Spirit of giving, please consider contributions to the Memorial, Newsletter and ADA Funds. Sokol Spirit is a 501(c)3 non-for-profit organization. Your donation is fully tax deductible. All donations to these funds go towards gym class equipment, printing cost for this newsletter, and future projects to make our building more accessible.



Have you heard...?

Tell us about Sokol Spirit member news:
SPIRITNEWS@HOTMAIL.COM ~ 708.692.8350



Congratulations to Dean Shrofe on his graduation from Illinois State University with a degree in Actuary Science.



Congratulations to Anna Pachla and Cole Heetel. They both received the 2026 Anne Svec Merit Award. The Merit Award is designed to assist Sokol Members in their pursuit of higher education. Anna recently graduated from Morton West High School and will be attending the University of Illinois in the Fall. Cole is currently attending the University of Dayton.

Pictured above is Cole Heetel being presented his award from Central District President Lynda Filipello and 1st Vice President Rich Vachata at the Sokol Day Picnic.



Reminder: This newsletter can be found in full color at sokolspirit.org on the Membership page

Congrats Hope Spatzek and Emily Temmer!
 In March they competed in the USA Wheel
 Gymnastics US Open Championship and
 World Team Trials. Both qualified to repre-
 sent team USA at the Wheel Gymnastics
 World Championships. They will be travel-
 ing to Germany in July. We wish them the
 best of luck!



Happy Birthday to Spirit members celebrating June & July birthdays!

JUNE

- | | |
|-------------------|-------------------|
| Kathy Barcal | Kandi Pajer |
| Janet Barker | Max Pajer |
| Amy Bazata | Tricia Pros |
| John Bazata | Cecilia Rokusek |
| Elizabeth Clark | Kevin Rutkowski |
| Denise Conway | Angela Simmons |
| Debbie Croft | Milica Stojanovic |
| Susan D'Andrea | Cosmin Stroe |
| Sam Fron | Colleen Swinarski |
| Justin Hiltscher | Amy Tudisco |
| Julie Hume | Amanda Urlaub |
| Kathy Illingworth | Ruslan Vasylyshyn |
| Eric KostECKi | Vera Wilt |
| Ray Lutha | |

JULY

- | | |
|---------------------|--------------------|
| Marie Avery-O'Toole | Valerie Kramer |
| Linda Baran | Tiffany Lyon |
| Barb Bossany | Margaret Malazdra |
| Kathy Carr | Jeanette Mata |
| Bridget Ceredon | Nina Mediukh |
| Michelle Davis | Sandy Morgan |
| Pam Ferris | Ken Nagel Jr. |
| Blanka Flosman | Jennifer Rutkowski |
| Alex Fron | Joyce Spreitzer |
| Danielle Hervas | Kaylee Stefl |
| Angelica Jewett | Nathan Will |
| Carol Kala | Linda Young |

Happy Birthday

Having an Egg-cellent time at Sokol Spirit

This year we introduced one-off educational events, starting with "Houby Talk" in October, with Frank Sladek presenting, and including some mushroom foods. The second event featured Czech party foods in time for the holidays. The third event was "The Art of Kraslice", featured several Czech egg decorating techniques. Stay tuned for other fun offerings next year!



Of course, no event would be complete without multiple trays of deviled eggs!

Our annual Exhibition was held on April 25th at George Washington Middle School in Lyons. Thanks to all who came out to enjoy the show. The classes did a magnificent job showcasing their skills. Food, fun and dancing ensued back at the gym for the after party.



Shout out to our kitchen helpers!



What after party would be complete without a Barcal hula hooping in a walking boot?!

2026 Members Night

Members Night was held at the Sokol Hall on the evening of Friday, May 8th, bringing together 73 members and guests for an enjoyable evening of fellowship and appreciation. A highlight of the event was the recognition of 19 honorees celebrating significant membership anniversaries. Members Night serves as an opportunity to thank our members for their continued support and dedication, and the strong attendance reflected the spirit of our organization. A great time was had by all as members and guests gathered to celebrate friendship, commitment, and community.



Sis. Elaine Zitko was recognized for 70 years membership. She was thrilled to receive it and said, "Wow, I can't believe it's 70 years!".

Guests enjoyed live music by Szurko Trio



Great job to all of our gymnastics competitors! The Central District held two meets this Spring.

Mini Meet—March 21st @ Sokol USA Lodge 306 in Chicago

Girls Events— Bars and Beam

Boys Events— High Bar, Parallel Bars, Rings



All Around Meet—May 16th @ Naperville Central High School



We wrapped up the 2025-2026 Sokol season with another great
Central District Sokol Day Picnic



Sokol Spirit was proud to participate in the 80th Annual La Grange Pet Parade!



Sokol Softball—Remaining Games

Cheer on our team at Janura Park in Berwyn.

After the game join the team in supporting their sponsor at Fill Up Station.

Date	Day	Time	Field
June 22	Monday	7:45 PM	A
June 29	Monday	7:45 PM	C
July 8	Wednesday	7:45 PM	B
July 13	Monday	7:45 PM	B
July 22	Wednesday	7:45 PM	A
July 27	Monday	7:45 PM	A
July 29	Wednesday	7:45 PM	C

Brookfield Farmer's Market Summer 2026



The farmer's market is back in full swing and Sokol Spirit will be there again this summer to support the community and promote our programs. This Saturday market is hosted at the Brookfield Village Hall parking lot 8am-1pm. Our unit has become a regular guest at the market, and our Wheels are always a treat for the market folks.

We could use some Spirit members to help work our booth throughout the summer. Please feel free to email Cassie Croft at bombage2@aol.com, if you'd like to volunteer!

What do our volunteers do at the market?

Set up/take down of our tent/table (There is help on-site)

Speak to market goers about what Sokol is, what classes Spirit offers, social events and your own experience as a member. (Not sure of our class offerings or details-you'll have all the info at your fingertips at the booth!)

Support other local businesses, enjoy the community, listen to live music

Dates Sokol Spirit will be at the Brookfield Farmer's Market

June 6

July 18

August 1, 15, 22

September 12





Recurring meeting— First Wednesday of the month
Unit Meeting 7:30 pm—*Returning in September*

Upcoming:

July 4: Brookfield Independence Day Parade
- Join us in marching the parade route!

Save the dates:

September 12: Oktoberfest
September 14: Gym Classes resume
September 19: Golf Outing



Follow us on social media



Moving? Please let us know your new address. Contact: Dorothy Becker
BeckerD9749@SBCglobal.net 340 Lake Shore Drive North Barrington, IL 60010-3425



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