



Brookfield Sokol Educational Institute
3909 Prairie Avenue, Brookfield, IL 60513-2143

W W W . S O K O L S P I R I T . O R G

Fall 2011

Visit our website: W W W . S O K O L S P I R I T . O R G

Moving? Please let us know your new address! Contact:
Dorothy Becker • 340 Lake Shore Dr. N • Barrington IL 60010-3425
BeckerD9749@SBCglobal.net



SUNSHINE REPORT from Sis. Blanche Wostratzky
BWOSTRATZKY@SBCGLOBAL.NET or 708-788-4644

- Get well wishes go out to
 - Sis. Mary Novak
 - Bro. Jerry Zitko Sr. – he is at home now and is on the mend, and
 - Sis. Janice Sowinski who had surgery.
- Congratulations to Bro. Casey Rocush on his engagement to Lindsay Mihm. The wedding date is set for October 2013.
- Congratulations to Bro. John Becker on his engagement to Becki Driver. The wedding date is set for August 2012.

~ MEMORIAL FUND ~

In Memory of Joan Lenz from Helen Sevcu 10.00

In Memory of Irwin Proksa

From Chas and Gloria Schultz..... 25.00 From Helen Sevcu..... 10.00
From Marie Jensen..... 10.00

In Memory of Caroline Koutsky

From Jerry Koutsky 25.00 From Barbara Koutsky 75.00

Sympathy to the Linhart family on the passing of Mae Linhart Sept 19. Mae was a member of Sokol Tabor, but was very prominent in many, many Sokol activities.

Sympathy to Jarmila Hruban on the passing of her husband, Dr. Zdenek Hruban.

What's been going on over the busy summer??????



Above is a picture of the American Sokol softball team, which included members of the Central District for the Berwyn Recreation Department's 2011 Summer Softball Tournament. This was taken at the final game; unfortunately, many of the guys weren't able to be there or were late for the picture.

Team members are: (front) John Bazata, Tony Lemont, Matt Carlozzi (Stickney), Josh Suvetor; (back) George Kulhanek (Tabor), Eddie Zempich, Dave Stanko (Tabor), John Tooke, Howie Maskill, Bob Barcal. Spirit members C.J. Rocush and Jim Hedderman came after the photo was taken. Other members of the team included Mark Shrofe, Ken Fron (Tabor), Ray Fron (Tabor), Dan Fron (Tabor), Tom Pajer and Matt Petkus (Tabor).

They played amazingly well and were great fun to watch at their Monday and Wednesday night games at Janura Park, Berwyn. Injuries? A few, some slightly more serious than others, but all recovered and will be ready to "give their all" again next season, we're sure.

--Picture and caption information submitted by Ellie Babka

Believe it or not – it's that time of year for our annual HOLIDAY GREETI GS!!!

Now is the time to send holiday wishes to all of your Sokol friends via the December newsletter. Your greeting will be printed in the December newsletter. This is a great way to reach out to fellow Sokol members or send a fun greeting to your kids from you or Santa. We also have a new feature – you can add someone on Santa's new ' *aughty or ice?*' list. Just look for Santa and fill out the form on Page 10. Donations are much appreciated! Deadline: November 20. (Editor's note: I hope the *aughty* list doesn't take up the whole December newsletter. . . lol!)

**2011 AMERICAN SOKOL INSTRUCTOR SCHOOL
HELD AT SOKOL SPIRIT
JULY 10 – 24, 2011**



The 2011 American Sokol Instructor School was held in the Central District at Sokol Spirit from July 10 – 24, 2011. There were 39 students that graduated from the school. We had seven staff members who taught the course with four of them being from Central District. Sis. Kathy Barcal was the School Secretary, Sis. Pajer, Sis. Wilt and Bro. Fron taught various parts of the instructor school to the 39 that attended. The course would not have been successful without all of the many volunteers who assisted with the kitchen, the laundry, the airport runs, the field trips, etc. A HUGE thank you to all of the volunteers! Congratulations to our graduates! NazDar!

What's going on?

Congrats to Sis. Tricia Leja who represented Sokol Spirit in the Houby Day festivities. The contest took place Sept 29. The Houby Day parade was October 2. Read more about Tricia on page 10. . .

We are still collecting recipes for our Spirit cookbook. Submit recipes to Sis. Dorothy Becker at beckerd9749@sbcglobal.net, mail them to her to 340 Lake Shore Drive North, Barrington, IL 60010, or mail them to Sis. Carol Rocush 145 Richmond Drive, Bolingbrook, IL 60440. Always looking for "quick, easy" recipes that are popular with busy families, too. . .



Thank you Sokol Spirit members!

Last Sokol season the Junior class asked for some help from our membership to help alleviate some of their travel expenses to Sokolfest in Cleveland, OH. Thanks to your extremely generous donations to the Sokol Spirit Junior Class, we were able to participate and enjoy this huge event! The week was jam packed with activities and competitions and finished with an outdoor Slet at the end of the week. The Junior Class was extremely successful in their events, taking home medals in gymnastics, bowling, and a second place finish for the all-ages team marching competition. It was also great to catch up with old Sokol pals from all over the country, and make new friends from other Sokols as well. We thank you for your help in making this Sokol year one of our best, and giving us the opportunity to represent our unit in what turned out to be an amazing, unforgettable Slet. Nazdar!

The Junior class would especially like to thank these members for their generous donation. Thank you for supporting our endeavors and we hope to always make you proud.

Marilyn Michyeta
 Mr. and Mrs. Leo Pajer
 Vera Wilt
 Dianne Gajos
 Lorraine Cerny
 Mr. and Mrs. Zahrobky
 George Lacina
 Ed Halik
 Regina McGuire
 Ellie and Bernie Babka

Ellen and Robert Duvall
 Wayne and Virginia Weber
 Margaret Amlie
 Rita and Elmer Pavlas
 Joanne Bazata
 Gloria and Charles Schultz
 Charles Ptacek
 Mr. and Mrs. Alex Marzek
 Mildred Jezek
 Lynne and Paul Goodridge

Helen Caldwell
 Tom and Kandi Pajer
 John and Mary Leahy
 Doris Barda
 Paul Lebloch
 Blanche Wostratzky
 Anton Hanuska
 Kyle Cruz
 Slavia Sula



SOKOLFEST 2011:

Photos: check out www.teamfred.smugmug.com

Results: check out www.Sokolusa.org

Team Marching Results

ASO Tabor 27.4 pts.
ASO Spirit Jrs. 26.5 pts.
ASO Spirit Women 23.7 pts.
Sokol USA Monessen 19.8 pts

Basketball Tournament

ASO Greater Cleveland
Sokol USA Monessen
ASO Spirit
ASO Greater Cleveland



Volleyball Tournament Results

Men

1st – ASO Greater Cleveland
2nd – ASO Sokol Ceska Sin
3rd – ASO Tabor
4th – ASO Spirit
5th – Sokol USA Monessen

Women

1st – ASO Greater Cleveland Blue
2nd – ASO Greater Cleveland Red
3rd – ASO Ceska Sin
4th – ASO Spirit - Seniors
5th – ASO Tabor



Bowling Tournament Results (Spirit Participants and Ranking)

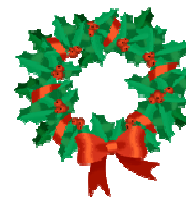
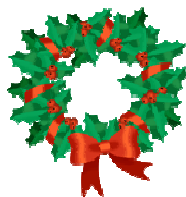
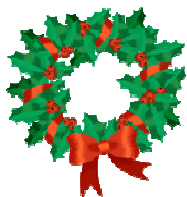
Junior Division:	Greg Baran	High Series	352
Junior Division:	Staci Dabrowski	High Game	112
Senior Division:	Linda Baran	High Game	166

2-Person Scramble Golf: 8th - Mike Dropka and Adam Wilt

Oktoberfest 2011

On September 10 Sokol Spirit held their first annual Oktoberfest. The gorgeous day was full of fun music and great food. Thanks go out to all the members who volunteered at this large undertaking. Here's hoping next year's party is an even bigger success. Prost!



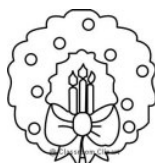


SokolSpirit's annual **WREATH SALE**

Support SokolSpirit's traditional fall fundraiser! Order some fresh wreaths to decorate your home for the holidays. Complete your order forms and return them with your payment by November 9 in the Wreath Order box at SokolSpirit.

You can also mail your orders and payments to SokolSpirit 3909 South Prairie Avenue
Brookfield, IL 60513 Questions? Call us at 708-485-9663

Checks can be made payable to SokolSpirit, and are due by NOVEMBER 9, 2011.



****Wreath pick-up will be at SokolSpirit Saturday, November 26, at 12:00-3:00pm. ****
The juniors will also be holding a bake sale at the pick-up to satisfy your sweet tooth!

Price list/Order Form:

Balsam Wreaths:

24" \$15 _____ 36" \$22 _____ 48" \$31 _____ 60" \$36 _____

Premium Noble Fir Wreaths:

12" \$17.25 _____ 20" \$21 _____ 36" \$38 _____

Balsam Bouquet \$13 _____ Garland (25 ft) \$25 _____ Noble Swag \$15 _____

Basket Center Piece \$20 _____ 48" Mantel piece \$35 _____ Yule Log \$18 _____

12" Noble Wreath with 6" candle \$21.50 _____ Fire Starter Basket \$19 _____

**** Editor's note: These are great gifts for bosses and neighbors. Original and meaningful. . .**

Sokol Spirit's USAG National Gymnastics Day 2011 "Handstand world record attempt" participation



Participants included: From 2nd Class Girls - Alex Gatsos, Junior Girls - Isabella Smith & Charlise Domabyl, Junior Boys - Michael Barcal, Mens Class - John Bazata & Ken Nagel, Guest - Tom from the Czech language class. Photo by Howie Maskill, and Amy Bazata was also in attendance.



We did it! Gymnasts nationwide went upside-down to break world record for simultaneous handstands

INDIANAPOLIS, Sept. 17, 2011 – 20,478 gymnasts and fans from more than 100 gymnastics clubs nationwide joined together today to break the world record for most handstands performed simultaneously and bring the title back to the United States.

At precisely 1 p.m. ET, 20,478 of participants throughout the country kicked up into a handstand to break the existing record of 2,402, set by Australian gymnasts in Melbourne to promote the 2005 World Gymnastics Championships.

“We originally set the record of 1,072, here in Indianapolis, in July 2005 as part of the run-up to the 2005 Visa Championships,” said Steve Penny, president of USA Gymnastics. “Bringing the title back to the USA is a great way to celebrate National Gymnastics Day across the U.S. and help build awareness and support for gymnastics.” *(continued. . .)*

(*continued. . .*) Each year, USA Gymnastics celebrates National Gymnastics Day to build awareness of the sport and support Children's Miracle Network Hospitals. Money raised will benefit Children's Miracle Network Hospitals in each club's local community. Since 2001, gymnastics clubs across the country have raised more than \$1.4 million for Children's Miracle Network Hospitals. The clubs have until Nov. 9 to raise and submit their funds for this year.

Along with the support of the individual gymnastics clubs, the Governors of Connecticut, Delaware, Illinois, Indiana, Nevada and Texas proclaimed today, September 17, 2011, as Gymnastics Day in their respective state.

For more information on a particular area, National Gymnastics Day and the Children's Miracle Network Hospitals, go to www.usagym.org/ngd.

Background information

- **Children's Miracle Network Hospitals.** Children's Miracle Network Hospitals raises funds for 170 children's hospitals across North America, which, in turn, use the money where it's needed the most. When a donation is given it stays in the community, ensuring that every dollar is helping local kids. Since 1983, Children's Miracle Network Hospitals has raised more than \$4 billion, most of it \$1 at a time. These donations have gone to support research and training, purchase equipment, and pay for uncompensated care, all in support of our mission to save and improve the lives of as many children as possible. Learn more at CMNHospitals.org.
- **USA Gymnastics.** Based in Indianapolis, USA Gymnastics is the national governing body for gymnastics in the United States. Its mission is to encourage participation and the pursuit of excellence in the sport. Its disciplines include men's and women's artistic gymnastics, rhythmic gymnastics, trampoline and tumbling, acrobatic gymnastics and group gymnastics. For more information, log on to www.usagym.org.

--Taken from National Press Release

This Editor needs your help!

We will have some new 'spotlight' sections but we need input from you.

- We'd like to spotlight new and 'older' Sokol participants. Don't hesitate to send anything newsworthy – include pictures of individuals and/or families and an article. If there is room I will include it in the newsletter. (If no one sends me anything I will repeatedly include pictures and articles about my two sons in the newsletter.) I'm sure you have something to brag about too! Send it in!
- Everyone likes pets, right? If you have any news about your pet (e.g. a new puppy, a cute picture, something extraordinary) please send it to SpiritNews@hotmail.com for inclusion in a newsletter. Kids of all ages like to see pictures and hear about pets so send us your pictures, stories and captions. (Again, if I don't get anything, you'll get an update about our fish tank.)

Send pictures & captions to SpiritNews@hotmail.com. Firm deadline for next newsletter: **November 20.**

STRANGE YEAR!

This year we're going to experience four unusual dates. 1/1/11, 1/11/11, 11/1/11, 11/11/11 & that's not all. Take the last 2 digits of the year in which you were born--now add the age you will be this year, and the result will be 111 for everyone!! This year October will have 5 Saturdays, 5 Sundays, and 5 Mondays. This happens only every 823 years. I tried this above with my children's birthdates and it worked.

-- submitted by Blanche Wostratzky

HOLIDAY GREETING FORM

TO: _____

GREETING: _____

FROM: _____

Printed greeting from (circle one):

Me/us

Santa

St. Mikolas

Anonymous

Do you want to add someone to the NEW Naughty or Nice list? Y N

If yes, please circle one: Naughty Nice

Person's name: _____

Turn in this form and your donation at the gym or mail to:

Kathe Heetel, c/o SpiritNews, 1233 Woodside, LaGrange Park, IL
60526. *Deadline: November 20, 2011. Questions? 708.482.7335*



*Ho-Ho-Ho –
find out more about
Holiday greetings
and the “Naughty
or Nice?” list on
page 2!*



Spaghetti Dinner

Saturday November 5,
4pm-8pm



Come join us for ALL-YOU-CAN-EAT spaghetti!

Adults: \$8.00

Children under 12: \$4.00

Sokol Spirit is located at
3909 S. Prairie Ave,
Brookfield

*Served up by the finest staff on Prairie
Avenue!*



Sokol Spirit is a 501C3 non-for-profit gym/fitness organization

2011 Houby Pageant!



This year Tricia Leja represented Sokol Spirit in the annual Houby pageant on September 29 where young women get the chance to earn scholarship money and prizes. Tricia performed the harp for her talent presentation and played beautifully. Tricia was voted amongst the other contestants “Miss Congeniality”. Tricia presented herself with poise, maturity, beauty and with a great attitude. We are extremely proud to call her a fellow Sokol member! Congrats!



*Above: Tricia playing the harp
Top right: Tricia and her proud parents
Bottom right: Sokol Spirit is proud of you!*



Now that you've had a chance to look over and enjoy the whole Fall newsletter, have you filled out your Holiday greeting form yet? Thought about who to add to Santa's "nice" list? The "naughty" list???? Form is by Santa on page 10. . . ho-ho-ho!

The Calendar of Events is on the back of this page. Be sure to mark your calendars and attach the page to your frig – fun events are coming up and we'd love to see you there!



Calendar of Events

First Wednesday
Third Monday

Sokol Spirit Unit Meeting 7:30pm
Sokol Spirit BOI Meeting 7:30pm

October 5-8	Rummage Sale
October 8	Central District Track & Field
October 21-22	American Sokol Development Conference in Ft. Worth, Texas
October 28	All Classes Halloween Party
November 5	Spirit Spaghetti Dinner
November 19	Spirit Trim-A-Tree at Brookfield Zoo
November 20	Central District Junior Girls and Women's Volleyball Tournament
November 24-25	No Classes due to Thanksgiving holiday
November 26	St. Louis: Central District Men's Volleyball
November 26	Wreath Sale Pick-Up
December 3	Central District Skills Day
December 3	Spirit Holiday Dinner Dance
December 4	Central District Rhythmic Competition
December 7	Spirit Unit Meeting and Christmas Party
December 16	
-January 1	Classes break for holidays
December 16-17	Cirque du Sokol Exhibition Event at Sokol Spirit

Sokol Spirit

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