



3909 S. Prairie Avenue  
Brookfield, IL 60513-2143

**October 2013**

Moving? Please let us know your new address!

Contact:

Dorothy Becker 340 Lake Shore Drive North  
Barrington, IL 60010-3425

[BeckerD9749@SBCglobal.net](mailto:BeckerD9749@SBCglobal.net)

Visit our website:

**WWW.SOKOLSPIRIT.ORG**

From our  
President,  
Adam Wilt

### **“Diamond In The Rough”**

Next year the Sokol Spirit Hall will be 85 years old. For some of you, this building has been a place where you’ve gathered your entire life. For others, this building is newer and became your Sokol home through a merger, or two (like for me). And some have only known this building as Sokol Spirit. Regardless of the length of your experience with our Sokol Hall, I am sure you have fond memories from the many occasions in our Sokol Home.

With all of the memories and groups coming and going it is no surprise that our home is aging. This building is truly a gem and it is imperative that we work to maintain and take care of it as such. Our Building Management Committee (formerly BOD) has worked for years to make sure our building is maintained and

attended to with care. In the past year, you may notice our lower hall has no more carpeting; we now have a back lit sign outside; our entry way has a digital display; and last but not least we have newly re-finished and re-painted wood floors.

With all of these changes in the works you may wonder what could be left? However to ensure the viability of our building in the future it is becoming apparent that we are going to have more projects ahead. We have been approached by some wonderful organizations regarding exciting partnership opportunities, however, to take part in many of them it is necessary for us to improve accessibility in the building.

During the next year our unit will be exploring options for a plan to improve building accessibility. This will include consulting with an architect, working with potential vendors, drafting a realistic plan and eventually seeking funds to execute said plan. If you are interested in being involved with this process or may have connections that may be of assistance then please let me know.

While the road to completion will likely be long, with the continued support from you, our dedicated members, and a team effort we will polish this diamond in the rough to its potential!

NAZDAR!

Bro. Adam Wilt, President  
[adam.wilt4@gmail.com](mailto:adam.wilt4@gmail.com)

Julie Roberts took 1st place among 6-year-olds who competed in the Level 3 competition in Milwaukee in June.

Great job, Julie!!

*(Oops! This was omitted from the last newsletter. Sorry, Julie.)*



There were several noticeable projects this summer. Our lower hall (available for use) received a much-needed face-lift when the carpeting was removed. You'll find new, comfortable chairs when you visit classes and/or attend events and meetings at Spirit. This black-and-white picture in the newsletter doesn't do our new floor any justice but, trust me, it looks great in person! Our Sokol Spirit logo is in the center of the floor. Thanks to all who coordinate this effort. To say the very least, we are floored! ☺



With the help of some very dedicated volunteers, we've had another successful season at the Farmer's Market. I want to extend a very heartfelt thanks to all those who helped out this summer with this huge event. Rain or shine, heat or wind, you did a fantastic job promoting our unit and what we have to offer the community. Thanks again to our fabulous volunteers: Barb Bossany, Dave Kakareka, Diana Rhodes, Meribeth and John Tooke, Veronica Hiltcher, Alex Zahrobsky, Howie Maskill, Kathy Barcal, Vera Wilt, Ellie Babka, and George Lacina. A big thanks to our wheel experts- Kandi Pajer, John Bazata and Ken Nagel. Finally, thanks to our two little helpers- Max and Scarlet Pajer who helped with the wheel demonstrations and actually raised some money for the unit by selling homemade bracelets and necklaces! They donated their profits to Sokol Spirit!

You all are the reason we are such a strong unit - thanks again. ~Cassie Croft ☺

*Why didn't the skeleton go to the Farmers Market? He didn't have any guts!*



Oktoberfest 2013 – Saturday, September 14



*Good friends +  
fun music +  
hot potato pancakes +  
cold beer*

*= Great times at Sokol Spirit's  
Oktoberfest!!*



Thank you to everyone who helped to organize Oktoberfest and to the volunteers who helped that day as well. It was a perfect day for an outdoor fest, the food was great, the band was fun and the company was. . . oh, c'mon: At a Sokol party we always have a good time! There were many people from the neighborhood who came out, too. Thanks to all who supported the Unit! What a way to kick off a new Sokol year!

*Ah yes, summer's out and autumn's in. From swimming pools to football pools....*

Rummage and Bakery Sale – Friday, October 4 and Saturday, October 5

Friday 9:30-Noon & 4-8:00pm// Saturday 9:30-Noon

No presales, Bag sale ALL DAY Saturday

Stop at our Spirit Café for coffee, tea and home-made treats!

We are a 501C3 not-for-profit gym/fitness program.

Find us at [www.sokolspirit.org](http://www.sokolspirit.org) OR [info@sokolspirit.org](mailto:info@sokolspirit.org), or 708/485-9663

NAZDAR...thank you.

*Autumn is a season for big decisions -- like whether or not it's too late to start Spring cleaning. . .*



**Reservations are required in advance.**

Contact Kathy Barcal at

[kbarcal@comcast.net](mailto:kbarcal@comcast.net)

Or 708-485-3269

**CENTRAL DISTRICT  
SPONSORS  
FAMILY FUN BOWLING**

**Sunday, October 27, 2013 3:00-5:00 p.m.**  
**Rolling Lanes, 6301 Joliet Road, Countryside, IL**

**Cost: \$15.00 per person (includes shoes & 2 games of bowling: one regular game and a crazy game!)**

There is a restaurant in Rolling Lanes where food and drink can be purchased.

Split the Pot Raffle will be held at the Bowling Alley.  
**All funds benefit the Merit Award.**

*What kind of girl does a mummy take to Family Fun Bowling? Any old girl he can dig up*

Bring your family, friends and neighbors!

**Sokol Spirit**

Spaghetti Dinner

3909 Prairie, Brookfield, IL 60513

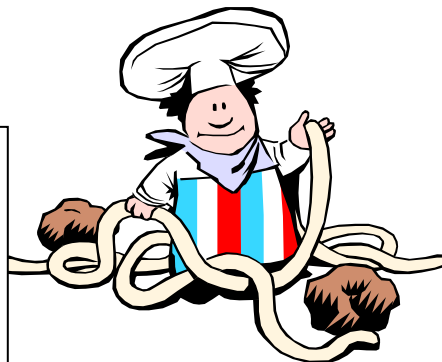
**Enjoy the Strolling  
Entertainment**

**Service by the finest staff  
on Prairie Avenue**



**Adults  
\$8.00**

**Children  
Under 12  
\$4.00**



**ALL YOU  
CAN EAT!!!**



**November 2, 2013 - 4:00pm – 8:00pm**

**Come enjoy a delicious meal with good friends!!**

*What do ghosts eat for dinner? Spooketi*

*Besides Spooketi what is a ghost's favorite food? Goulash*



Like trivia? Think you have a team that can't be beat?

Come join us at Sokol Spirit for our

**Annual Adult Team Trivia Night!**

**When: Saturday November 16 at 7:00pm Where: Sokol Spirit's lower hall**

**3909 S. Prairie Ave in Brookfield, IL**



**Details: Bring a friend, bring a team, or just bring yourself! This event is BYOB and BYOS (snacks!) We also have beer available for purchase. The cost is \$10 per person. Teams (of no more than 10 people) are encouraged! We will also have split the pot raffles.**

**Questions? Call Kathy at 708-485-3269. See you there!!**

*New: Juniors will be offering Babysitting for kids during Trivia Night! (Must be potty-trained (the kids must be, we know the Juniors are ☺)). Donations accepted. More info will be available in classes, on our website and/or contact Linda Baran at [lindabaran@sbcglobal.net](mailto:lindabaran@sbcglobal.net).*

*Who did Frankenstein take to Quiz Night? His ghoulfriend*

\* \* \* \* \*



Rake-a-thon – November 23



Sokol Juniors are volunteering to rake **your** leaves!



Just sign up at Sokol Spirit, in the gym, or contact at [lindabaran@sbcglobal.net](mailto:lindabaran@sbcglobal.net) or 708/612-4469. We will leave Sokol at 11:00 and make our way down the list! Donations are appreciated!

Thanks for supporting us!

*I love autumn. I love watching the leaves fall. It reminds me of the White Sox. (ouch ☺)  
Oh, just 'leaf' me alone, I'm a Cubs fan so I've been traumatized enough. . .KPH*

\* \* \* \* \*

Holiday Greetings!



I know it seems like it's not time yet for this already, but NOW is the time to send your Holiday greetings to your Sokol family and friends in the December Newsletter! Turn in this form and your donation at the gym or mail to: Kathe Heetel, c/o SpiritNews, 1233 Woodside, LaGrange Park, IL 60526.  
*Deadline: November 20, 2013. Questions? 708.482.7335.*

### HOLIDAY GREETING FORM

TO: \_\_\_\_\_

GREETING: \_\_\_\_\_

FROM: \_\_\_\_\_





# Annual Holiday Wreath Sale

Wreaths provided by Hiawatha Wreath Company



It is already that time of year again-yes, time to order our holiday wreaths!  
For 27 years Hiawatha Wreath Company has provided us with beautiful, natural  
wreaths, garlands and centerpieces to decorate our homes with.

The best thing about ordering these wreaths is that Sokol Spirit will be able to keep a percentage of the money collected to use towards improvements to our unit! This wreath sale is always a great fundraiser for our gym, and I hope to make this process smooth for all of you. Below is an order form with the prices of the available products. Encourage your friends and families to order too! Please send your order forms and payment to Sokol Spirit. All orders will be due no later than: November 1, 2013. Paying by check? Make all checks payable to Sokol Spirit.

The wreath sale pick-up date will be Saturday November 23 from 10:00am-12:00pm. Come enjoy some sweets at our annual Juniors' bake sale as well!

Thank you for taking part in this fundraiser! If you have questions please feel free to contact me at  
bombage2@aol.com or call (708) 268-0048. Thank you, Cassie Croft

Order form:	# wanted		
26" Balsam Wreath . . . \$16	_____	Balsam Bouquet. . . . . \$13	_____
36" Balsam Wreath. . . \$23	_____	Garland (25ft. Balsam). . . \$25	_____
48" Balsam Wreath. . . \$32	_____	Indoor Evergreen Basket Centerpiece \$20	_____
60" Balsam Wreath. . . \$37	_____	48" Evergreen Mantelpiece . . \$35	_____
Indoor/Outdoor:		Yule Log. . . . . \$18	_____
12" Noble Fir Wreath. . . \$18	_____	Noble Swag. . . . . \$15	_____
20" Noble Fir Wreath. . . \$22	_____	12" Noble wreath with a 6" candle. . \$22	_____
36" Noble Fir Wreath. . . \$39	_____	Fire starter basket. . . . . \$20	_____
		32" Evergreen Holiday Planter . \$27	_____

\* \* \* \* \*

*Why didn't the skeleton order any Sokol wreaths? Because he had no BODY to order for*

\* \* \* \* \*

From the Youth Ambassador – Linda Baran

To all of you who stopped by during Registration and participated in the "find the error" contest, thank you, it was great to see you and I hope you enjoyed your prize. There will be new contests to participate in and opportunities to learn about Sokol and our gym.

Sokol Spirit looks forward to a great year. Passports will be handed out and stickers are being printed. For those of you who attended Slet in Milwaukee this past summer, please see me for your passport stickers.

I look forward to stopping by and seeing you during your class time this year.



# SUNSHINE REPORT from Sis. Blanche Wostratzky

BWOSTRATZKY@SBCGLOBAL.NET or 708-788-4644



← Congratulations to Sis. Debbie Nardi Shields and Bro. Ryan Shields on the birth of their daughter, *Aisley Morgan Shields*. She was born August 19, 2013 at 2:13 p.m. and weighed 8 lbs 1 oz. Wishing you exciting times with your new baby girl!

→ Congratulations also to Bro. John Becker and his wife Becki on the birth of their first child, *Anne Lee Becker*, born September 24, 2013 in Indiana. Anne weighed in at 7 lbs 14 oz. and was 21 inches long. Proud grandparents are Sis. Dorothy and Henry Becker.



Sympathy to the family of Frank Ludicky who recently passed away. He was a 63-year member of Sokol.

Wishing George Lacina a solid recovery from the heart attack he suffered recently. He was fortunate in that he was able to call 911 and was rushed to the hospital near his home. He is now working on rehab and hopefully will be released soon. We wondered why George was not at two Sokol meetings that week – not a good excuse, George.  
© Get well soon. – Sis. Ellie Babka

Get well wishes also to Carol Shrofe. Great to see you at Oktoberfest. Hope to see you around more soon!

Alexandra Zahrobsky recently graduated from Carthage College with a major in Athletic Training. She is now employed by the Healthletico Co. Congratulations, Alex, on your graduation. I'm certain we all from Sokol Spirit wish you a lot of luck with your career, and your future days that are ahead of you. You are a lovely young girl.  
-Sis. Blanche Wostratzky

Greetings from Millie Jezek: "For all of the Sokol friends, wishing good health and fond memories to all the years in Sokol". Great to hear from you Sis. Jezek!

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## ~ MEMORIAL FUND ~

In Memory of John M. Satek from Susan Razbadovski. . . . . \$25.00

In Memory of Frank Ludicky from Ellie and Bernie Babka. . . . \$20.00

## ~ NEWSLETTER FUND ~

*In Memory of John M. Satek*

From Charles and Dorothy Ptacek. . . . \$20.00

From Julie Barcal . . . . \$20.00

From Millie Jezek . . . . \$10.00

In Memory of Michael Mongello from Millie Jezek . . . . \$10.00

In Memory of Marie Kosek from Millie Jezek. . . . . \$10.00

In Memory of Frank Ludicky from Helen Sevcu . . . . . \$10.00

## Sokol Spirit's 1<sup>st</sup> Friday of the Month 2013/4

**CZECH FILM SERIES CONTINUES... (English subtitles) (3909 S. Prairie Avenue, Brookfield-upstairs Czech Language Classroom) Donation \$4/person 7-9:30pm with discussions lead by Pavlina Dropka, Czech language lead teacher or Lenka Mezera, previous Czech language lead teacher in the 2<sup>nd</sup> floor Czech Classroom.**

**Pop/Water or first pilsner beer free!**

**October 4<sup>th</sup> Limonádový Joe aneb Koňská Opera/LEMONADE JOE a Horses' Opera** At the Trigger Whiskey Saloon, Stetson City, 1885, a beautiful temperance crusader (from the Arizona Revival) is threatened by hard-drinking villains. Riding to her rescue is Lemonade Joe, who—as his moniker indicates --doesn't touch the "fire-water". A sweet and funny spoof of Hollywood westerns. A Kanska Opera....with a dedication to the Rough Diamond Buffalo Riders. Whiskey Saloons vs. Kolaloka Lemonade Saloon? (Black/ White Picture 97 minutes)-G rating Released in 1986..American Actor Henry Fonda was very fond of the movie!

**November 1<sup>st</sup> Všichni moji blízcí/ALL MY LOVED ONES** Matej Minac's heartbreaking and poignant story of one family's experience at the onset of World War II is inspired by the heroics of English stockbroker Nicholas Winton who saved hundreds of Czech Jewish children from the Nazis and is loosely based on his own mother's personal memories of the time. Good cinematography of Czech countryside and Prague. (82 minutes)-G Rating

**December 6<sup>th</sup> Hasič míč (a loterii)/THE FIREMAN'S BALL (and Lottery)** During a small-Czech town beauty contest at the annual Firemen's Ball, so many things start going wrong, that the whole affair turns into chaos for their Fire Brigade. Czech music is played from a small town band during scenes at the Ball and for background. The last, best, and funniest movie Milos Forman would make in his native Czechoslovakia. The movie, its premise scarcely more than an anecdote, finds an entire universe in the benefit gala staged by a group of inept, officious, mildly corrupt-in short, intensely human-volunteer firefighters. First released in 1967, a black/white comedy movie; (73 minutes; and 14 minute interview with Forman on the Political problems with the content when it was about to open just prior to the "Prague Spring" 1968)-G Rating



### **CZECH LANGUAGE/CONVERSATION/MUSIC/APPRECIATION CLASSES:**

**STARTING Monday September 9<sup>th</sup> @ 7-8:30pm, BEGINNING INSTRUCTION** – 1 1/2 hours through November 25<sup>th</sup> – 12 sessions \$125; Minimum 6 students Custom Handbook Sister Pavlina, Dropka, head teacher

**STARTING Wednesday September 11<sup>th</sup> @ 7-8:30pm, INTERMEDIATE INSTRUCTION**-1 ½ hours through December 18<sup>th</sup>-15 sessions \$110; Minimum 9 students Custom Handbook Sister Pavlina, Dropka, head teacher

**STARTING Saturday SEPTEMBER 28<sup>th</sup> @ 8:30-10am, LIFE LEARNERS** – 1 1/2 hours through December 7<sup>th</sup> 10 sessions \$105; Minimum 6 students Textbook/CD available for \$45: Czech, Step by Step by Lida Hola, 2008 edition Sister Lenka Mezera, head teacher

### **NEWWWWWWWWWWW.....**

**STARTING Saturday SEPTEMBER 28<sup>th</sup> @ 10-11:30am, CZECH/SLOVAK LAND JEWELS** – 1 ½ hours through October 16<sup>th</sup> 8 sessions \$90; Or \$12 per drop-into class; Minimum 6 students Sisters Pavlina Dropka and Lenka Mezera team rotating teaching Custom Handouts ...in January, 2014 this series will continue with Czech/Slovak History/Sites

**STARTING Tuesday, OCTOBER 1<sup>st</sup> @ 7-8pm, CZECH SOKOL JUKE BOX**– 1 hour through November 5<sup>th</sup> 6 sessions \$50; Minimum 6 students Sister Pavlina Dropka, head teacher

**STARTING Thursday, OCTOBER 3<sup>rd</sup> @ 7-8:30pm, CZECH LANGUAGE CONVERSATIONAL SKILLS** – 1 ½ hours through November 21<sup>st</sup> 8 sessions \$90; Minimum 6 students Sister Pavlina Dropka, head teacher  
Please note if the minimum students is not reached, the number of lessons may be shorten.

Sponsored by the Foreign Language Committee of Sokol Spirit Questions? [czechclass@sokolspirit.org](mailto:czechclass@sokolspirit.org)

### **ENGLISH AS A SECOND LANGUAGE CLASSES to be taught through the VILLAGE OF BROOKFIELD**

**this Fall, 2013.** Sister Lenka Mezera and Brother John Tooke, team teaching This class will probably be inside the Brookfield Village Hall with two 4-week, two days a week or 8 sessions/16 sessions starting in October, 2013.

Sponsored by the Foreign Language Committee of Sokol Spirit Questions? [czechclass@sokolspirit.org](mailto:czechclass@sokolspirit.org)

Please note: There are per class fees so even though the sessions have already started you can join at any one of the times!



A few words from the President of the American Sokol:

These days, I have the unique responsibility of being both an active member of Sokol Spirit as well as the President of the American Sokol. Over the last 10 years, we have been working very hard to elevate our activities and our operations to new levels. These efforts help to spread our Sokol theory and methodology to more and more people. I wanted to take a moment today (in both my roles) to thank Sokol Spirit for going above and beyond by trying new things and reaching the mission of our American Sokol

Sokol Spirit's efforts to reach out to our community, try new programs, update the facility, and provide excellence in instruction is right in line with what we expect of every Unit in the American Sokol. From the Wheel and Spin classes, to the Octoberfest, to the language and artist classes, to the re-painting and revitalizing of the building, I am proud to be a Sokol Spirit member and a member of a growing American Sokol. Kudos to our Executive Board and to those members who are stepping up every day to make a difference and to share this great Sokol program with all of our members...and beyond!

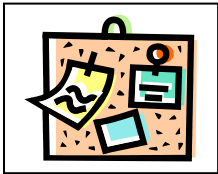
Nazdar, Tom Pajer – Sokol Spirit Member and American Sokol President



*As you can see from Brother Pajer's article, and as evidenced by the many events announced in this Newsletter, we are a very active Unit. Efforts are made to plan for and offer diverse activities to appeal to our members and community. Come on out and check them out! KPH*

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*Why don't mummies take vacations? They're afraid they'll relax and unwind.*



Spirit members! Have an announcement? Interesting article? Event? Send it to me and I will place it in our gym for everyone to enjoy. Feel free to mail me your postings and I'll get the word out: Cassie Croft bombage2@aol.com



*What do you do when 50 zombies surround you when you're at Sokol? Hope it's Halloween!  
(and then check in on Facebook at  
[www.facebook.com/sokolspirit](http://www.facebook.com/sokolspirit))*



Don't be shy! Send us your news and/or photos! Please put  
[SpiritNews@hotmail.com](mailto:SpiritNews@hotmail.com) in your address book today.

We'd love to hear from you!!

[www.sokolspirit.org](http://www.sokolspirit.org)



*Why do ghosts make good cheerleaders? Because they have a lot of Spirit! (I had to include that one!)*



*Did you forget to send in your  
Holiday Greetings form?  
Don't forget. . . I'm watching. . .*

*Knock knock  
Who's there?  
Boo!  
Boo who?*

*No, no, don't cry! You'll get your next  
SpiritNews in early December ☺*



First Wednesday  
Third Monday

Sokol Spirit Unit Meeting 7:30pm  
Sokol Spirit BOI Meeting 7:30pm

### Fall 2013:

**October 6** - Sokol Rhythmic Clinic (Sokol Chicagoland 1-6 pm)  
**October 12** – Track & Field (Sokol Tabor)  
**October 27** – Family Bowling Night (Rolling Lanes, Countryside)  
**October 29** – Halloween Parties (All classes)  
**October 31** – No classes (Halloween)  
**November 2** – Spaghetti Dinner  
**November 16** – Quiz Night  
**November 17** – Women's Volleyball Tournament  
**November 23** – Trim A Tree (Brookfield Zoo) and Rake-a-thon  
**November 28 & 29** – No classes (Thanksgiving)

### Save the Dates:

**December 7** – Boys & Men's Skills Competition  
**December 8** – Rhythmic Skills/Comp (Sokol Chicagoland)  
**December 10** – Burger King Benefit Night  
**December 20 & 21** – Five Below Benefit Night  
**December 21-January 12, 2014** – Holiday Break

**2014**

**January 3-5** – Progressions Clinic  
**Week of January 13** – Classes resume  
**March 3** – Your Newsletter Editor's Birthday  
**March 15** – Sokol Spirit Annual Exhibition (4:30 p.m. – please note date/ time change)



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