



3909 S. Prairie Avenue **September 2014**  
Brookfield, IL 60513-2143

Moving? Please let us know your new address!  
Contact:  
Dorothy Becker 340 Lake Shore Drive North  
Barrington, IL 60010-3425  
[BeckerD9749@SBCglobal.net](mailto:BeckerD9749@SBCglobal.net)

Check out our website:

[www.sokolspirit.org](http://www.sokolspirit.org)

Dear Brother and Sister Sokols,

From our *NEW*  
President,  
Vera Wilt

It is my privilege to have been elected to serve you this year as the president of Sokol Spirit. I never thought I would follow in my son's footsteps in a role like this, as children usually follow their parents. On behalf of the unit, however, I want to thank Adam Wilt for his incredible leadership over the past 4 years. I'm sure that some of you wondered if a "youngster" could handle such a task when he first stepped up. I think you will agree that he took the falcon by the talons and made it fly right. The progress made in the last 4 years has been remarkable. Sokol Spirit now has new programs, new events, young people in many of the leadership roles, a budget which has kept us on the right financial path, ongoing improvements to our building, and a new visibility in the community. This change all happened while honoring the past, recognizing those who blazed the trail, and keeping the traditions. Adam and his team have accomplished a lot, and I plan to keep the momentum going.

Many of you may think of Summer as a break from Sokol, but I can assure you that work, promotion, and planning has continued while you were vacationing. Many of you joined us to kick off the first day of Summer with our 10<sup>th</sup> Anniversary Cruise which is written up elsewhere in this newsletter. The rain at the end made things interesting, but the dramatic skies that day provided a great backdrop for photos. Spirit members also marched and performed in the LaGrange Pet Parade and the Brookfield Fourth of July parade. Volunteers have been promoting Sokol Spirit at the Brookfield Farmers' Market on most Saturdays this summer as well, and we had a booth at the Czechoslovak American Congress. There was summer Sokol for the adults, on Thursday evenings; soccer instruction for children by Tony Lemont with Alex Zahrobsky on Saturday mornings; and a spin (bike) class on Saturday mornings that finally got attendance when taught by one of our own, Kathy Barcal. Our Wheels class even went out to another community with instruction offered.

The World Beer Club kicked off on the third Friday in June with 6 Czech beers to be sampled. Each month the participants sample 6 beers from the select country, rate them and then choose the country for the following month. July brought samples from Mexico, and in August it was Canadian beers. Each month there are free snacks of the featured country to accompany the beers. It's quite a bargain for \$10, and everyone who attends seems to have a good time. "Try it, you'll like it."

This year you can expect more such innovative programs, and a focus on membership growth and development. I would like each of you to reach out to an old friend who used to belong, but dropped off along the way. Or how about bringing in a new member? Please help me grow our unit. What would make you bring in more people? Would you like incentives for the new members or would you prefer gifts or discounts for you? Together, let's find the formula for growth.

NAZDAR! Vera A. Wilt



# SUNSHINE REPORT from Sis. Blanche Wostratzky

BWOSTRATZKY@SBCGLOBAL.NET or 708-788-4644



← Sis. Dorothy and Henry Becker are proud to announce the birth of their third grandchild, Haley Rose Becker who was born a month early on June 17, 2014 and weighed 5 lbs. 6 oz. She is the daughter of their son Robert and Melissa and the little sister of Gabriel, who turned two in May. The family lives in Alexandria, Virginia. Best wishes to the new family.

Laddie and Lois (Blecha) Jenicek celebrated their 50<sup>th</sup> wedding anniversary in Washburn, WI on Aug 16, 2014. Lois was a former Sokol Slavsky junior and Laddie was a former Sokol Berwyn junior. They met at a Sokol Berwyn after-exhibition party. One of their lovely bridesmaids was Sis. Dorothy Becker, who said she was very young at the time. Congratulations to the happy couple! →



Happy 50th Anniversary to Dorothy and Jack Berry on August 1, 2014. Dorothy is the eldest daughter of Sis. Slavia Sula. Heard they celebrated with a family cruise to Alaska. Congratulations!

Two of our members participated in Honor Flights to and from Washington DC recently: Jerry Chvatal on April 9, 2014, and Rudy Ondrovic (below) on July 2<sup>nd</sup>, 2014. For those that don't know what an Honor Flight is: WWII Veterans leave early in the morning to fly to Washington DC to see the WWII Memorial, on the flight back home (that day) they are given letters thanking them for their sacrifice and service and when arrive at Midway family/friends or just people to thank them are all cheering as they arrive. None of these men were even able to contact their families that they were arriving home from the war, so they never received a welcome home! The welcome home, celebrated with family and Sokol friends (pictured above) alike, was a complete surprise. Both men were truly touched by the experiences. They were each among the 90 or so men who were honored each day and fought for our freedom so many years ago! It was a great honor and was a perfect way to show them how proud and thankful we are of them. We hope to have photos from Jerry's Honor Flight in the next newsletter. For more information visit [honorflightchicago.org](http://honorflightchicago.org).



Message from a Proud Parent: On August 19th Greg Baran passed his final hurdle, his Eagle Board of Review, on his path to join the other 97 Eagle Scouts from Boy Scout Troop 301. His project was completed in May at the DuPage County Forest Preserve, Woodridge location. He began scouting in 2005 as a Tiger with Pack 1. Please join his proud family as we wish him a hardy CONGRATULATIONS!! (P.S. Greg, we're proud of you, too!)

Sister Ruth Uniejewski, long time member of Sokol Slavsky, Berwyn-Slavsky and then Sokol Spirit passed away on June 9<sup>th</sup>, from complications from pneumonia. Sis. Uniejewski became a member when her children Dan and Debbie joined Sokol Slavsky's children's classes. She was always willing to lend a helping hand at various Sokol events, but will be most remembered for walking up and down Cermak Road soliciting ads for the Sokol Slavsky Exhibition Ad Book. Sis. Ruth is survived by her husband of 60 years Bro. Walter Uniejewski, son Dan and his wife Souraya, daughter Sis. Debbie Milas and her husband John and her 3 precious grandchildren Johnny, Jimmy and Abby Milas. Our thoughts are with the Uniejewski family.

Our sympathies also the family of Otto Bultas who passed away August 2<sup>nd</sup>. A veteran of the U. S. Army, he was a beloved son of the late Joseph and Bessie Bultas, loving brother of Sis. Marie Bultas, dear father of Sis. Linda (George) Makdah, adoring grandfather of Beatrice and David Makdah and the only husband of Sis. Angeline. He had fond cousins here and in the Czech Republic. Our thoughts are with the Bultas and Makdah families.

### **4<sup>th</sup> of July Parade – Brookfield**

A group of Sokol Spirit members marched in the Brookfield Fourth of July Parade, on Friday, July 4<sup>th</sup>. It was a perfect day for a parade. We had a truck carrying music and our banner. We also had individuals doing stunts, performing on the wheel and distributing information about our events at Sokol Spirit. Many parade goers were thrilled to see the wheel performers and our tumblers. Thanks to all who came out to make the parade, and mark your calendars for next year. I think the 4<sup>th</sup> of July falls on July 4<sup>th</sup> next year. ☺



*Q: When do you go at red and stop at green? A: When you're eating a watermelon.*

### **World Beer Club**

World Beer Club had 3 events this summer featuring 6 Czech Beers in June with snacks of breaded pork and "chlebičky" open face sandwiches; July had 6 beers of Mexico with tamales and chips and salsa on the side; August was 6 beers of Canada with snacks of fries with malt vinegar and "poutine" which is fries with gravy and cheese curds, also maple sugar candy, dill pickle chips and maple bacon chips. The September featured country is Ireland with some surprise snacks to go with those 6 beers. **I – rish** you would please see more information later in this newsletter and join us for a jolly good time on September 19! (Don't you worry – I put the rest of the 2014 dates in the *Save the Dates* section.)

### **From the Juniors**

Thanks to all of you who came out and supported us during our car wash. If you did not, no problem, we have a lot more opportunities upcoming where we welcome your support. We are currently selling \$10 worth of Wendy's coupons for only \$5. See a junior for one of these coupons cards. We will also have popcorn for sale at Oktoberfest. Again, thank you for all your support now and in the future.



## Farmers' Market



For the past 2 years Sokol Spirit has been participating in this great event to market and reach out to the community and let them know how great our organization is!

Come visit our booth at the market! We've been there all summer but there are still two dates left: September 6 & 13. Thank you to everyone who helped out this summer already. We really appreciate your support. If you'd like to volunteer at the market for one of these dates contact Cassie Croft at [bombage2@aol.com](mailto:bombage2@aol.com).

### Sokol Canada Mini Slet – June 27th–29th in Toronto



Attached is the photo of the winning volleyball team at the Canada mini slet awards night. The "American Sokol" team consisted of Spirit members Howie Maskill and Alex Zahrobsky (3<sup>rd</sup> and 2<sup>nd</sup> from right, respectively), as well as members from Sokol Greater Cleveland, Sokol Stickney, Sokol Tabor and Sokol USA. Great job Team American Sokol!

## **Class Registration** ***Friday, September 5th 6-8pm***

### **SOKOL SPIRIT CLASS FEES FOR 2014 - 2015**

### **CLASS FEE(\*)      MEMBERSHIP**

1 CHILD	\$340	\$70
2 CHILDREN	\$560	\$70
3 CHILDREN	\$780	\$70

(\*Class fees include all competition fees)

COLLEGE STUDENTS OF SOKOL SPIRIT	\$ 40	\$45
MEMBERS OF SOKOL SPIRIT MEN AND WOMEN	\$135	\$70
MEMBERS OF SOKOL SPIRIT SENIOR CO-ED	\$ 65	\$70
MEMBERS OF OTHER SOKOLS	\$100	



Please direct any questions to Howie Maskill at [hmaskil22@yahoo.com](mailto:hmaskil22@yahoo.com) [sokolspirit.org](http://sokolspirit.org)

***Classes start the week of September 8<sup>th</sup>***

*Sign me up for Sokol again, Mom and Dad!*

*What's gray, has four legs, a tail, and a trunk?    A mouse on vacation.*



Saturday, Sept 13      4:00 - 10:00 p.m.  
**FREE ADMISSION!**

*Event will include Live Music, Beer, Sausages, Potato  
Pancakes, Pretzels and More!  
Open to the public – tell your friends and neighbors!*

### **Sokol Spirit Officers and Delegates - 2014-2015**

#### Executive Board

President – Vera Wilt  
1<sup>st</sup> Vice President – Kathy Barcal  
2<sup>nd</sup> Vice President – Lauren Wilt  
Secretary – Cassie Croft  
Treasurer – Bob Barcal  
Financial Secretary – Dorothy Becker  
Membership Director – Dorothy Becker  
PR/Marketing Director – Jennifer Keefe

Educational Director – Meribeth Tooke  
Information Technology Director – Mike Drobnick  
By-Laws Director – Bernie Babka  
Mens Director – Howie Maskill  
Woman Director – VACANT  
Building Management Committee  
Director – Mark Shrofe

#### Building Management Committee

Chairman/Director & Leases – Mark Shrofe  
Vice Chairman – Josh Suvetor  
Secretary – Dorothy Becker

Board Members for 2014 – 2016 Term:  
Josh Suvetor, Mark Shrofe & Adam Wilt

Board Members for 2013 – 2015 Term:  
Dorothy Becker, Milissa Dropka,  
George Lacina & CJ Rocush

At Large Board Members:  
Bernie Babka, Elmer Kulousek & John Tooke  
Vera Wilt - Ex-Officio as Unit President

# ***Benefit Event for Sokol Spirit***

## **Saturday, October 4, 2014**

**7:00 p.m. @ Sokol Spirit**  
**3909 Prairie Avenue, Brookfield, IL**

*Event proceeds will exclusively support efforts to make the Sokol Spirit building ADA compliant.  
Direct donations (excludes admission) through event blog or to Sokol Spirit, a 501(c)3 non-profit organization, are tax deductible.*



**Featuring the Band**

# **aNTy eMM**

**ONE NIGHT ONLY!**

**Admission Information**

**\$30 - Adults Ages 21+**

**\$20 - Ages 11-20**

**\$10 - Ages 10 and under**

**Tickets include:**

- ♦ Live & DJ Music
- ♦ All You Can Eat Food
- ♦ Open Beer/Wine/Pop Bar\*

\*Beer/Wine available only for those ages 21+

**Buy tickets, donate or find more info online: [spiritbenefit.blogspot.com](http://spiritbenefit.blogspot.com)**

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## **Sokol Spirit October 4th Benefit - Paper Registration Form**

**Name(s) of Attendee** \_\_\_\_\_



Adult (Ages 21+) \$30.00 X # of Attendees \_\_\_\_\_ = \$ \_\_\_\_\_

Young Adult (Ages 11-20) \$20.00 X # of Attendees \_\_\_\_\_ = \$ \_\_\_\_\_

Children (Ages 10 & Under) \$10.00 X # of Attendees \_\_\_\_\_ = \$ \_\_\_\_\_

**Total Attendees/Admission** \_\_\_\_\_ = \$ \_\_\_\_\_

**Make admission checks payable to Adam Wilt. Donation checks payable to Sokol Spirit.**

**Mail to: Sokol Spirit, Attn: aNTy eMM Event, 3909 Prairie, Brookfield, IL 60513**

**Paying at the door? PLEASE RSVP to [adam.wilt4@gmail.com](mailto:adam.wilt4@gmail.com)**

# WORLD BEER CLUB

Join Sokol Spirit once a month as we enjoy the vast variety of the Beers from around the World.

Third Friday of each Month @ 7:30 p.m.  
Sokol Spirit | 3909 Prairie in Brookfield | Lower Hall

## 2014 dates

September 19 | October 17 | November 21 | December 19

\$10 Cover Charge Per Participant (must be 21 or older) includes a Flight of 6 Beers. Each Month will feature Beers/Tasters from a different region. Beers will be rated by all Tasters. Receive Punch Card to Earn a Free Month. Food item tasters will be coordinated with the Featured Region. **September's featured region: Ireland!**

**RSVP Appreciated 3 Days Prior to Each Event** 708-692-8350 [info@sokolspirit.org](mailto:info@sokolspirit.org)

## Rummage/Bakery Sale

Friday, October 3rd: 9:30–Noon & 4–9:00pm Sat, October 4th: 9:30–Noon



**START LOOKING OUT for your used, outdated, or re-gifted, clean ITEMS TWICE.....and REMEMBER** that the FALL, 2014 RUMMAGE & BAKE SALE will also be accepting **CONSIGNMENT ITEMS** which cannot be moved into the basement (50 lbs or more like a chair or ?) OR of 'Special Value' (worth more than \$50) like jewelry. We will place these "items" in a photo gallery. Sokol Spirit will be advertising that we will have consignments (since this is new - only from Spirit paid members please) and we ask 25% of the sale goes back to Spirit if sold. Ask for a consignment "rules and description" form. You establish price and silent auction method with the Rummage Sale Committee Chairs! Please let us know about the item by late September please. At the Spring Rummage Sale a member-owned piano and futon were sold!

**HELP ALWAYS NEEDED**, Wednesday night, October 2<sup>nd</sup> after the membership meeting and Thursday (free lunch) to set-up. Thursday bakery accepted; Friday and Saturday to sell; and Saturday afternoon (pizza lunch) to clean-up and bag for Hines Veterans and other Not-for-Profit Resale shops in the area.

## Quiz Night – October 18

Like trivia? Think you have a team that can't be beat?  
Come join us at Sokol Spirit for our annual

adult trivia night!

Saturday, October 18, 2014 Sokol Spirit's lower hall,  
3909 S. Prairie Ave. Brookfield, IL



Bring a friend, bring a team, or just bring yourself! This event is BYOB and BYOS (snacks!) We also have beer available for purchase.

The cost is \$10 per person. Teams (of no more than 10 people) are encouraged!

We will also have split the pot raffles.

Questions? Call Kathy at 708-485-3269. See you there!!



## From the Youth Advisor

It's hard to believe summer is over and it's time for classes to resume. I hope you had a great summer. During the first few weeks I will try and stop by your classes and reintroduce myself and have a fun project for you. Over the course of the year you will have opportunities to participate in several contest and events and earn even more stickers for your passport. Remember a full passport can earn you a wonderful prize. If you have questions about our Passport Program for the kids, please let me know. Enjoy getting to meet your new sokol mates and welcome back!! – Linda Baran

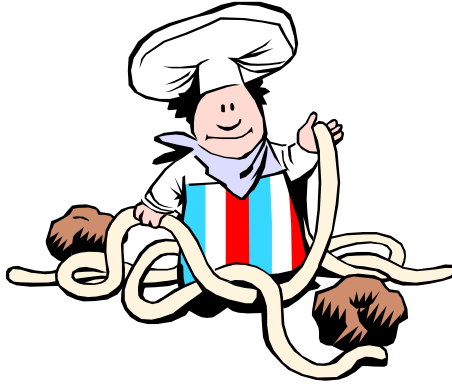
## Spaghetti Dinner – November 8

Adults  
\$8.00

Children  
Under 12  
\$4.00

**ALL YOU  
CAN EAT!!!**

*Enjoy the Strolling  
Entertainment*



November 8, 2014 4:00pm – 7:00pm

Come enjoy a delicious meal with good friends!!

Bring your family, friends and neighbors!

***Sokol Spirit***, 3909 Prairie, Brookfield, IL 60513

**Sokol Spirit is a 501(C)(3) not-for-profit organization.**



## Holiday Greetings!

I know it seems like it's not time yet for this already, but believe it or not (would I lie to you??) NOW is the time to send your Holiday greetings to your Sokol family and friends via the December Newsletter! Turn in this form and your donation by *November 20* at the gym or mail to: Kathe Heetel, c/o SpiritNews, 1233 Woodside, LaGrange Park, IL 60526. (note from your newsletter editor: I will be sending mine in as soon as I start seeing holiday items in the stores. . . .which means I need to send mine in now ☺)

### HOLIDAY GREETING FORM

TO: \_\_\_\_\_

GREETING: \_\_\_\_\_

FROM: \_\_\_\_\_





## **From your Sokol Spirit Education Director, Meribeth Tooke**

### **- Nutrition Information -**

#### **Lighten Up Your Recipes: Ingredient Swaps**

(With permission My Food Advisor, American Diabetes Association @ diabetes.org)

We all have our favorite family recipes. These foods often bring back fond childhood memories, and they remind us of time spent with our loved ones. Some recipes may have even been passed down for generations.

Oftentimes, family favorites are the recipes loaded with butter, cheese, fatty meats, and refined carbohydrates. They can be very high in calories, unhealthy fats, and carbohydrates. If you and your family are trying to eat healthier, these foods can also present a challenge. But that doesn't mean you have to give them up.

It's okay to treat yourself to these favorites on occasion. Just serve up smaller portions and try adding some healthy side dishes. There are also some simple substitutions that you can use to make your favorites a bit more nutritious. Try some of the ingredient swaps and tips below.

#### **Incorporate Some Vegetables**

\*Add some non-starchy vegetables to your recipe. These will add bulk to your dish without adding many calories or grams of carbohydrate. So, if you serve up the same portion size as usual, you'll actually be saving yourself some calories and carbs. Here are just a few examples:

\*Add cooked broccoli to macaroni and cheese or your favorite casserole

\*Add extra carrots, celery, and onions to your beef stew

\*Add cooked zucchini, mushrooms, and carrots to your pasta sauce

\*Serve a healthy veggie side dish alongside your favorite comfort foods.

(Remember, with diabetes, the goal is to fill at least half of your plate with non-starchy vegetables.) Some good ideas are a salad, roasted vegetables, or frozen vegetable medley that has been heated and tossed in some fat-free Italian dressing.

Here are some of our favorite vegetable side dish recipes:

Easy Half-Mashed Potatoes; Honey Tarragon Carrots; Southern Broccoli Salad; Healthy Homemade Green Bean Casserole; Salad Greens with Spiced Pecans; Easy Grain Substitutes

**Healthy swaps for Grains** When you include grains in your meal plan, try to choose whole grains at least half the time.

\*White Rice - Try a whole grain substitute like brown rice, wild rice, quinoa, farro, or whole grain barley for casseroles, stir-fries, soups, and other dishes.

\*White bread or whole grain bread - Try 100% whole wheat bread for sandwiches, paninis, toast, and garlic bread.

Regular Pasta - Try whole grain pasta for spaghetti, baked pasta dishes, and pasta salads.

**Dairy and Eggs** Dairy products vary a lot in the amount of calories and unhealthy fat. Here are some easy swaps you can make when cooking with dairy and eggs.

\*Eggs - If you are trying to cut back on cholesterol and saturated fat, try using an egg substitute. You could also try substituting all or part of the eggs in a recipe with egg whites. For each whole egg, substitute two egg whites. This works well for egg casseroles, scrambled eggs, omelets, and in some baked goods.

\*Full-fat cheese - Try using less cheese or use reduced-fat cheese for casseroles, pizza, tacos, sandwiches, and salads.

\*Cream cheese - Try using less cream cheese in your recipe or use a combination of fat-free and reduced-fat cream cheese for dips and spreads.

\*Sour Cream - Try non-fat plain Greek yogurt or fat-free sour cream for topping tacos and making dips.

\*Butter - Try trans-free margarine for buttering toast or adding flavor to vegetables. For sautéing or stir-frying veggies or meats, substitute olive oil or another vegetable oil.

#### **Choosing Healthier Meats**

\*Ground Beef - Try a lean version (90% lean or more) for tacos, meat sauce, meatballs, chili, and the like. Lean ground turkey breast is also a great choice.

\*Chicken Legs - We recommend always removing the skin from chicken or turkey. You could also try using white meat from the chicken breast in your recipe, which is the leanest part of the bird.

**Prefer Your Recipe the Way it is?** Perhaps you'd rather leave your family favorites alone, which can also work. Just be sure that you fit it into your meal plan, which may mean serving up smaller portions. For meal planning, you might be interested the American Diabetes online tracking tool [MyFoodAdvisor](#). Use MyFoodAdvisor to track your food intake and for analyzing recipes.

*Why shouldn't you swim on a full stomach? Because it's easier to swim in a full swimming pool!*

*Why was the math book sad? It had too many problems.*

# BABY and ME 2 © Classes

A gymnastic/music class for Parent (Guardian) and Baby\* together -  
tumbling, stretching, progressive skill-based socializing and FUN!



\*Baby must be walking and under 3 years of age

Tots classes available at 3 years and toilet trained.

LOCATION: SOKOL SPIRIT GYM, 3909 Prairie, Brookfield  
MONTHLY for 4 (four) consecutive weeks September, 2014  
through June, 2015

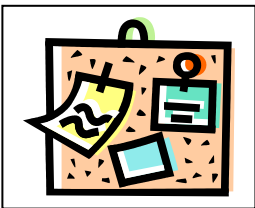
COST: \$50/4 sessions each month for one family (one baby)

MINIMUM: 3 sets of "families"; Max 9 sets

REGISTRATION: Forms at [sokolspirit.org](http://sokolspirit.org) must be filled out before  
class starts

Preregistration discounts ask [baby&me2@sokolspirit.org](mailto:baby&me2@sokolspirit.org) or 708/354-9126

Sokol Spirit is a 501(C)(3) not-for-profit organization.



Spirit members! Have an announcement? Interesting article? Event? Send it to me and I will place it in our gym for everyone to enjoy. Feel free to mail me your postings and I'll get the word out: Cassie Croft [bombage2@aol.com](mailto:bombage2@aol.com)

**Don't be shy!** Send us your news and/or photos for the newsletter! Please put [SpiritNews@hotmail.com](mailto:SpiritNews@hotmail.com) in your address book today. We'd love to hear from you!!

## ~ MEMORIAL FUND ~

### *In Memory of Otto Bultas*

from Rosemarie Knight. . . . .	\$50.00	from Linda Dorminey . . . . .	\$25.00
from Mr. and Mrs. Gary Rochowiak. . . . .	\$50.00	from Linda Baran and family. . .	\$20.00
from Marie Bultas and family . . . . .		\$200.00	

*In Memory of Rose Reisiger* from Mildred Jezek. . . . . \$20.00

*In Memory of John Scheffel* from Helen Sevcu. . . . . \$15.00

### *In Memory of Ruth Unijewski*

from Mildred Jezek. . . . .	\$20.00	from Helen Sevcu. . . . .	\$20.00
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*In Memory of Jerry Zitko, Sr.* from Chuck and Dorothy Ptacek. . . . . \$25.00

*In Memory of John Zitny* from Roy and Vlasta Zitny. . . . . \$25.00

*Please send any Memorial Fund and Newsletter Fund items to the attention of  
Helen Sevcu, 2411 S. Elmwood, Berwyn, IL 60402*



## SOKOL SPIRIT CZECH LANGUAGE/CONVERSATION CLASSES

**MONDAYS, 7:00–8:30pm, BASIC CZECH CONVERSATION & GRAMMAR:** Session I: September 8 – October 27, 2014 (8 weeks) \$140 per Session/Minimum 3 students. Session II: January/February, 2015; Session III: April/May, 2015. Textbook: Basic Czech I by Ana Adamovicova and Darina Ivanovova (Amazon \$18)

**TUESDAYS, 7:00–8:30pm, LIFE LEARNERS CZECH CONVERSATION:** Session I: September 9 – October 28, 2014 8 weeks \$140 per Session/Minimum 3 students. Session II: January/February, 2015; Session III: April/May, 2015 Textbook available.

**WEDNESDAYS, 7:00–8:30pm, INTERMEDIATE CZECH CONVERSATION & GRAMMAR:** Session I: September 10 – December 3, 2014 (11/26 skip) 12 Wks \$100 per Student/Min. 8 students. Session II: January – March, 2015; Session III: April – June, 2015. Textbook: Basic Czech I (see above)

**Please note:** If the minimum number of students is not reached, the number of lessons may be shortened. Discount with advance payment, please ASK. If paid in advance, please mail check to Sokol Spirit c/o Czech Language Class. Classes held at Sokol Spirit, 3909 S Prairie, Brookfield

## CZECH CULTURAL CLASSES and SPECIAL EVENTS (In English)

**THURSDAYS, 6:30 – 8pm, CZECH & SLOVAK JEWELS:** Session I: 10/2 – 23/14 (4 weeks) \$35 per session/Minimum 3 students. (After minimum of 3 students, \$10 per drop-into class.) Custom handouts. Session II: February, 2015; Session III: May, 2015. Possibility of extension with pupil interest.

**THURSDAYS, 6:30 – 8pm, CZECH & SLOVAK TREASURES:** Session I: November 6 – December 4 (11/27 skip) 4 weeks @ \$35 per session/Minimum of 3 students (After minimum of 3 students, \$10 per drop-into class Custom Handouts Session II: March, 2015; Session III: June, 2015 Possibility of extension w pupil interest.

**SPIRIT OF EUROPEAN WINTER HANDICRAFTS:** Sat, December 13, 9 – 11:30am. Adults and children over age 8. \$10 advance ticket includes supplies/\$12 at the door; Seniors over 60 years and Children 8-12 years \$8 advance/\$10 at door. Lessons in Egg dyeing including wax resistance as ornaments; Corn husk weaving; Wheat weaving; & much more

Use registration form to pay in advance and register for diff event activities. Form available at [sokolspirit.org](http://sokolspirit.org) at Sokol Spirit gym, or various Czech events. Questions? Email [czechclass@sokolspirit.org](mailto:czechclass@sokolspirit.org) Questions? Email [czechclass@sokolspirit.org](mailto:czechclass@sokolspirit.org).

## SOKOL SPIRIT FIRST FRIDAY CZECH FILMS.....from Sokol Spirit's Foreign Language Committee

**The series** continues this Fall ... a \$4 donation with free pilsner, water, or pop. Each film has handouts and is accompanied by our head Czech language teacher, Pavlina Dropka, except where indicated.

**October 3: ACCIDENTAL ARMY: The Amazing True Story of the Czechoslovak Legion (in WWI)** The production utilizes the vast archives amassed by the Czech Legion Project to tell the 'most amazing story you never heard.' Commentators included Lt Col Mike Maudlin, USA retired (advisor to the Czech Army 2003-2006), and Professor Malynne Sternstein, PhD. The documentary was also assisted by the Czech consulate and included an introduction by Madeleine Albright. Discussion with Sokol Sister Jean Hruby (President American Sokol). (47 minutes; 2009; PG for scenes of death and discussion of violence)

**November 7: Osudy dobrého vojáka Švejka; Oslusne hlasim;/THE GOOD SOLDIER SCHWEIK** The exploits of Schweik, a good-natured buffoon in the Czech Army during WWI (1914-1918), whose mishaps bring disaster to rigid military situations. Though determined to do his duty, the messes he creates expose the weaknesses of the military as an institution and bring into sharp relief the absurdity of war. ...similar to Catch 22 and Slaughterhouse 5..Written by a Czech Legionnaire! (2 films 99 minutes/90 minutes; 1957; PG rating for language)

**December 5: Tri oršky pro Popelku/THREE NUTS FOR CINDERELLA** Slavic Christmas Fairytale of a young woman who is put upon by her stepmother and stepsisters. The film employs a twist, though, when a handsome prince comes knocking. Cinderella does not simply fall into the prince's arms. In this version, he must actively pursue the young woman who is a skilled sharpshooter prone to wearing hunting outfits. Cinderella also has three wishes at her disposal, gained from three magic nuts. (92 min;1973;G)





## Calendar of Events

Meetings resume in the Fall (with the September 3<sup>rd</sup> meeting):  
**First Wednesday - Sokol Spirit Unit Meeting 7:30pm**  
**Third Monday - Sokol Spirit BOI Meeting 7:30pm**

### September/October 2014:

**September 5** -- Class Registration 6-8pm  
                    – 1<sup>st</sup> Friday Film resumes  
**Week of September 8** – 2014-15 Classes  
Begin  
**September 13** – Oktoberfest 4-10pm  
**September 19** – Beer Club 7:30pm  
**October 3** – 1<sup>st</sup> Friday Films  
**October 3 & 4** – Rummage/Bakery Sale  
**October 4** – aNTy eMM Reunion/Fundraiser  
**October 17** – Beer Club 7:30pm  
**October 18** – Quiz Nite

See you back at the gym the week of Sept 8<sup>th</sup>! Check the website for upcoming events & classes



Don't forget to check in at the gym: [www.facebook.com/sokolspirit](http://www.facebook.com/sokolspirit)



### Save the Dates:

**November 7, December 5** – 1<sup>st</sup> Friday films  
**November 8** – Spaghetti Dinner 4-7 pm  
**November 20** – deadline for Holiday  
Greetings  
**November 21, December 19** – Beer Club  
7:30pm

*How can you tell the calendar is popular?  
It always has a lot of dates!*

Hope you enjoyed the seasonal jokes in this  
issue. *Summer* funny, *summer* not.



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